

**Twinkle Maharjan**

3/38-40 Meehan St, Granville, NSW, 2142

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0426421793

**Objective:**

Dedicated and compassionate carer with experience in providing person-centred care to elderly residents. Eager to contribute my knowledge and skills to enhance the well-being of residents.

**Professional Experience:****Assistant in Nursing****RFBI Concord Community Village, NSW****Rhodes**

- Assisted elderly residents and people with dementia with activities of daily living (ADLs), including bathing, eating, cleaning, dressing, grooming, repositioning, toileting and mobility.
- Prepared nutritious meals and ensured dietary requirements were met for individual residents.
- Provided emotional support and companionship to residents, fostering a positive and caring environment.
- Collaborated with multidisciplinary teams, including nurses, therapists, and fellow support workers to deliver comprehensive care.
- Tailored care plans to meet the unique needs and preferences of each resident, emphasizing person-centered care.
- Use of lifters, pelican belts, sanitation machines, wheelchairs, vital check-ups, buzzer handling, dealing resident concerns, waste and stock management

**Assistant in Nursing****3CNursing, Callemondah, Avenue, North Gosford NSW****Feb 2025 – Present**

- Prepared to support clients in various aged care facilities under the supervision of registered nurses.
- Committed to delivering compassionate, person-centered care when deployed.
- Follow protocols, infection control, and safety procedures.
- Maintained a clean, safe and healthy environment for clients.
- Supported mobility using walkers, wheelchairs or manual handling techniques.
- Observed and reported any unusual behaviors or changes in health of residents.

**Skills:**

- Personal care and ADL assistance
- Meal preparation and dietary support
- Companionship and emotional support
- Effective communication
- Teamwork and collaboration
- Person-centred approach
- Record keeping and documentation
- Time management

- Empathy and compassion
- Attention to detail

**Certifications:**

- Certificate III in Individual Support (Ageing and Disability)
- Hand hygiene
- Infection prevention control
- NDIS Worker Orientation module
- First Aid and CPR
- Manual Handling Techniques

**Availability:** Full time availability with appropriate working rights

**References:****Abhaya Raj Giri**

Assistant in Nursing  
Thompson Health Care  
Giriabhaya338@gmail.com

**Eliza Maharjan**

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**Shayal Devi**

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