

Ivoline Tsamo

AGED CARE NURSE

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Profile

Compassionate, kind, and dedicated caregiver with over 3years of experience infection control, aged care standards, and dignity of care, providing high-quality care to elderly individuals and those with special needs. Skilled in assisting with daily living activities, administering medication, and offering physical and emotional support to enhance the well-being of clients. Committed to promoting dignity, comfort, and a safe environment for individuals in need of care.

Education

HOME BASED CARE MERITS, KINGSWAY COLLEGE, Cape Town	Aug 2023 – Oct 2023
NURSING HAMANI FOUNDATION SCHOOL OF HEALTH, SANTA	Oct 2019 – Sep 2022

Employment

AGED CARE WORKER Family Resident, Yaounde, Cameroon	Nov 2023 – Present
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- Assisting with domestic tasks, including shopping, cooking, cleaning, and washing.
- Providing compassionate personal care, including bathing, dressing, toileting, and hygiene support.
- Supporting clients to develop resilience and build mental, physical, emotional, and social well-being in a safe, caring, and nurturing environment.
- Observing, monitoring, and administering prescribed medication, ensuring dosage and schedule.
- Assisting the client with mobility, transferring, and physical therapy exercises to improve movement.
- Maintaining a safe, clean, and organized living environment.

ELDERLY CAREGIVER(student carer) Barina Nursing Service, Cape Town, South Africa	Aug 2023 – Oct 2023
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- Assisted with daily activities. This includes delivering meals to clients, turning and ambulating clients, administering drugs, and providing wound care.
- Monitored vital signs regularly, detecting any abnormalities or conditions, to promptly inform the senior nurse.
- Delivered personal care tasks, including toileting and showering,

Skills

Strong interpersonal communication	
CPR and First Aid	
Compassionate client care	
Companionship and Emotional Support	
Medication Administration	
Meal preparation and Nutrition Management	

Languages

English

Hobbies

- sports
- baking
- walking
- kneading
- storytelling
- singing
- gardening

with dignity and respect.

- Successfully handled clients manually from bed to wheelchair, applying safe handling techniques.
- Ensured optimal hydration by monitoring and recording the client's fluid intake and output in a fluid balance chart.
- Organized activities and exercise to promote physical and mental well-being.

NURSE

Jan 2022 - Jul 2023

Military Hospital, Bamenda, Cameroon

- Administered oral medication, intramuscular medication, and injections to patients based on their treatment plans.
- Monitored patient health, behavioral, and physical changes, promptly reporting concerns to registered nurses.
- Provided first aid and assisted with immediate care whenever any patient arrived with any injuries.
- Charted patient information related to vital signs, pain management, and daily inputs and outputs.
- Provided comprehensive personal care and mobility assistance with comfort and dignity.

Certificates

CPR and First Aid

Feb 2025