

Trishna ghale

38-40 meryla street, Burwood, NSW 2134| 0422845663| ghaletrishna1@gmail.com

Objective

Australian college student seeking paid employment in a position that requires an enthusiastic and hardworking employee.

Personable and astute student with proven time management and collaboration skills, strong interpersonal skills, understanding of general employability skills and the importance of working as a part of a team, learning from others and developing as a professional.

Education

- MASTER IN ACCOUNTING | CURRENTLY (2024) | HOLMES INSTITUTE| SYDNEY
- ASSISTANT IN NURSING| CERIFICATE III |COMPLETED (2024) | MELBOURNE
- BACHELOR IN NURSING |COMPLETED (2022) | PURBHANCHAL UNIVERSITY| NEPAL
- PCL NURSING| COMPLETED (2013-2015) | CTEVT | NEPAL

SKILLS & ABILITIES

MANAGEMENT

- With so many demands today on tightening budgets and consolidating resources, it's easy to lose footing in the day to day realities on the unit. It can be hard to appreciate this skill because it's not necessarily visible but that doesn't make it any less valuable.
- With my experience working as a nurse in hospital, we need to maintain basic care which helped client to recover fast.

COMMUNICATION

- Articulate communicator with appreciation or the different communication styles required when working with other team members or with customers.

LEADERSHIP

- Communication, Flexibility, Empathy, Problem solving, Interpersonal skills and Respect is a must for a leader to have which I clearly understand because I was Class president and a Team leader for my mates during our job.
- Staying on our feet, keeping their head cool in a crisis, and a calm attitude. Being flexible and rolling with the punches is a staple of any career, but it's especially important for a nurse. Flexible with regards to working hours and responsibilities are great for a good leader which I believe I do.

Experience

❑ Computer Skill Training at NEPAL Institute of Business and Technology Centre

- Entered patient's information into the hospital database, and updated or created new data records, as directed.
- Computer skills (MS Excel, Word, PowerPoint)

□ **STAFF NURSE | MANIPAL TEACHING HOSPITAL |2020-2023**

- Supervised Neuro ICU department with all facilities provided
- Communicate with other staff to provide care under the recommended treatment plan.
- Provided nursing services and assumes responsibility for the care and well-being of assigned patients.
- Assisting patient to reposition using manual handling
- Helping patient with their ADLs
- Giving meds as charted
- Documenting and recording care provided
- Handing over to next shift covering

□ **ASSISTANT IN NURSING FROM HQCARE AGENCY, SYDNEY**

- Flexible hours to work
- Handled many clients, responded to clients and their enquiries and problems in a timely manner.
- Helping client with their ADLs
- Repositioning patient with manual handling
- Reporting to supervisor/ nurse in-charge incase of difficulty or problem
- Documentation and reporting
- Communicating with supervisor if any issue or problem noticed
- Help identify problem and came up with a successful plan to solve
- Working in a team and helping out each other for efficient and better care outcome provided to clients

REFERENCES

1. Jasmine Gurung
Registered Nurse at Royal Prince Alfred, Sydney
0452605576
jazgurung0@gmail.com
2. Rati Kumari Pun
Registered Nurse at Greek Orthodox Community Home For Aged
0423429732

