

Titilayo Esan

Personal Details

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NDIS Workers Check 11100096

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Career Objective

I am Qualified, professional and caring Disability Support Worker with a passion for improving quality of life for the persons with disabilities and for the elderly people. I am currently seeking for a job with quality service in the community services and development.

I am hoping to use the skills that I have developed during my academic career and work experiences to positively enhance the life of people with disabilities. I am friendly, motivated support worker and hard-working person who like challenging environment which allows me to support individuals on both physical and emotional level.

Key Competencies

- ✦ Trustworthy
- ✦ Can work collaboratively in a team.
- ✦ Ability to work fast- paced environment.
- ✦ Ability to multitask and work to deadlines.
- ✦ Very strong communications especially with diverse backgrounds

Experience

- ✦ Excellent time management skills
- ✦ Manual handling skills such as using hoist, pushing wheelchair, electric bed, using slide sheet etc...
- ✦ Personal care skills
- ✦ Challenging behaviours' skills

BARECARE

Disability Support Worker and youth support worker (Casual)

June 2019 - Current

- Supporting independent living in a group home - including the use of a manual hoist
- Administering medication according to support management plan
- Feeding the clients according to the daily meals plan
- Community access as per routines
- Engage clients in various activities on shift.
- Supporting the client with challenging behaviours
- Perform personal care tasks.
- Management of complex behaviours
- Completing end of shift report in progress notes
- Following all WHS policies and procedures
- Accompanied and assisted clients with shopping at shopping centres
- Assisted client with domestic chores such as cooking, cleaning, washing clothes.
- Supporting complex trauma
- Safe use of restrictive practices
 - Provide care, support, and guidance for teenagers in recovery in a safe, protected, and nonjudgmental environment.
 - Run group and individual support sessions for reintegration into home settings with biological or foster families.
 - Maintain confidential records of services and sessions for court-ordered monitoring.
 - Collaborate with other local and state agencies to provide needed services for transitional and ongoing needs.
 - Develop plan of action and follow-up supervision of graduates of recovery program to lessen relapse risk.

ARCARE {partime}

- Supporting independent living in a group home and Sil support.
- Administering medication according to support management plan
- Feeding the clients according to the daily meals plan
- Community access as per routines
- Engage clients in various activities on shift.
- Supporting the client with challenging behaviours
- Perform personal care tasks.
- Management of complex behaviours
- Completing end of shift report in progress notes
- Following all WHS policies and procedures
- Assisted patients with shaving, showering, oral hygiene to promote healthy habits and overall wellness.
- Used mobility devices and equipment to transfer patients
 - Fostered relationship with patients caregiver and healthcare team to achieve individual care plan
 - Assisted client with domestic chores such as cooking and cleaning.
 - Supporting complex trauma.
 - Safe use of restrictive practices.

Education/Qualification

2022	Certificate IV in Aged Care H&H Accredited training college
2021	Certificate III in Aged Care H&H Accredited training college

References upon request