

# TIRAH VALLINS

## NURSING STUDENT

### CONTACT



0406570068



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### SKILLS

Patient assessment and monitoring

Basic and advanced life support

Wound care and management

Medication administration

### EDUCATION

#### Bachelor of Nursing

#### University of Wollongong

2027 expected finish

1st year student

#### Dementia Training Australia

Short course - Skills in Aged and Community Dementia Care

Short Course- Recognising and Acting on Pain in people living with dementia

#### FIRST AID CERTIFICATE

Provide CPR

Provide basic emergency life support

Provide first aid

Provide First Aid in an education and care setting

### PROFILE

Passionate first year Bachelor of Nursing student at Wollongong University, eager to learn and apply my knowledge and skills into the nursing field. I am motivated to leverage this passion for patient care and hands on experience in a clinical setting and excel in providing high quality healthcare.

### WORK EXPERIENCE

#### Assistant Restaurant Manager

McDonalds Camden/Mount Annan

March 2023- Current

- Supervised daily operations and managed a team of 180 employees
- Implemented training programs to enhance staff performance and customer service
- Oversaw inventory management and developed strategies to minimise stock loss
- Ensured adherence to work health and safety regulations, conducting regular safety audits and implementing procedures to maintain a safe working environment
- Created and managed rosters for management team and crew to ensure optimal coverage and efficient shift allocation

#### Shift Supervisor

McDonalds Oran Park

March 2022-2023

- Supervised shifts and ensured smooth operations and high standards of customer service
- Assisted in opening up the new Oran Park McDonalds store, including staff training, inventory set up and implementation of operational procedures
- Addressed customer concerns and resolved issues promptly to maintain positive customer experience

#### Crew Person

McDonalds Mount Annan

December 2018-2022

- Provided excellent customer service and maintained clean workspace
- Operated on cash registers and handled transactions accurately
- Assisted with food preparation and ensured quality control