



TINAYE TREVOR
CHIRAPA

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Middleton Grange, NSW 2171

PROFESSIONAL SUMMARY

Compassionate and passionate care giver. Empathetic to the needs of residents. Dedicated to helping individuals feel comfortable while improving wellbeing with skilled support. Trained in mobility assistance and personal hygiene support. Accustomed to keeping the home environment neat and safe to protect residents.

SKILLS

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| • Community activities | • Quality Assurance |
| • Interpersonal communication | • Housekeeping |
| • Personal care services | • Mobility assistance |

EXPERIENCE

Personal Care Assistant (student), Catholic Healthcare (Holy Spirit Casulla)

- Utilized Hoyer lifts, wheelchairs and walkers to assist with patient mobility.
- Assisted clients with showering and dressing to promote good personal hygiene.
- Performed household chores to promote cleanliness, safety and livability.
- Provided mobility assistance and repositioned clients to promote maximum comfort.
- Built strong rapport with patients to provide stable and supportive care system.
- Answered call lights to aid patient comfort.
- Delivered outstanding care following individualized treatment plans.

Personal Care Assistant (Part Time), Sunshine Homes

- Engaged with clients in conversation and activities to provide emotional support.
- Followed agency policy and procedures in administering care to clients.
- Provided physical and emotional support to patients and families, while delivering services to patients with terminal conditions.
- Maintained case notes to document resident progress and condition.
- Reported unusual incidents to supervisors for review.
- Ran errands with clients and provided transportation to medical appointments.
- Prepared and picked up meals for patients to nutritional needs.
- Observed patient physical condition and monitored diet and exercise habits.

EDUCATION

Certificate III in individual support (Disability)

GEI College

LANGUAGES

ENGLISH, Fluent