

TEMITAYO OLUWAKEMI MOSIMABALE (NURSING ASSISTANT)

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OBJECTIVE

I'm looking for full-time work in the role of HealthCare Assistant, Adult Carer, Personal Care worker in the health and community industry.

WORK HISTORY

Agape BioMedical Clinic

Kuje Abuja, Nigeria

Mar 2019 - Jun 2023

● Health care Assistant

This was a voluntary job

- I observe document accurately, and communicate health conditions of resident welfare. i am open to continuous training
- I am empathetic towards patient and their needs, I encourage, help, and support residents in participating in leisure activities that are appropriate for their care, ensuring that their social and emotional requirements are addressed.
- I communicate with other healthcare professionals about the residents' care needs. I help by physically supporting the patient as they complete day-to-day activities such as getting out of bed, bathing, dressing, using the restroom, standing, walking.
- By following individual care plans carefully, I provide the highest level of personal care and attention to residents. In all my interactions, I strive to be polite, friendly, warm, and supportive.
- I am in charge of making and changing beds, tidying residents' rooms (with their consent), performing light cleaning duties as needed, and generally assisting in keeping the home clean, pleasant, and friendly at all times.
- At all times, I respect and safeguard the confidentiality of residents' personal information. This includes resident behavior, as well as any incident that may occur during the course of the day.
- When necessary, I assist in serving food and beverages during mealtimes. Putting effort into thoughtfully preparing and presenting meals and refreshments, as well as providing courteous and careful service.
- I help by physically supporting the patient as they complete day-to-day activities such as getting out of bed, bathing, dressing, using the restroom, standing, walking, and exercising.
- I have a positive can-do attitude and enjoy enriching the lives of our residents, doing everything with kindness and a smile. I assist with the personal care needs of residents, mobility, and communication.
- I help take care of patient physical comfort for instance assist them in washing themselves and emptying the bed pan

ITereleng Adult Care home

Kgabalastane, South Africa

Apr 2018 - Jan 2019

● Carer

This was a voluntary community service while i completed my bachelor Of Information Technology in business system

- I provide emotional support, physical assistance, and encouragement to patients with various health concerns, including those who have mobility issues..
- I Respect the dignity of the patient by safely using aids and personal equipment like wheelchairs and walking frames.
- I regularly cleaned linens and strictly followed all infection control guidelines.
- I performed a variety of duties to care for, support, and inform patients and their families under the supervision of licensed nursing professionals.
- I efficiently and effectively deliver care by prioritizing attendance to Resident's needs and delivering the best care possible according to duty schedules, and the prescribed nursing care for individual residents.
- I observe and report any changes in the resident's condition and vital signs. This includes appropriate upward reporting, sharing relevant information with colleagues and maintaining a good working relationship with management.
- I support and uphold all policies, mission statements and philosophies at all times

QUALIFICATIONS

Caredemy

London, England
2023 - 2023

● Care certificate

Care Certificate Caredemy
Understand Your Role
Your Personal Development
Duty of Care / caredemy
Awareness of Equality, Diversity and Human Rights
Work In A Person Centred Way
Communication / caredemy
Privacy and Dignity ,
Fluids and Nutrition
Dementia Awareness
Learning Disabilities Awareness
Mental Health Awareness
Safeguarding Adults
Safeguarding Children
Basic Life Support
Health and Safety
Handling Information (Information Governance)
Infection Prevention and Control one

Health and fitness Academy

163 city road london, England
2023 - 2023

● Health and Social care level 3 certificate

Introduction to health and social care
Communication and its relevance
Right and responsibility as a health and social worker
Role as a care giver and health professional
working in health and social care, promoting equality diversity and rights
Understanding legal professional standard of practice and ethical aspect of health care part 1
Understanding legal professional standard of practice and ethical aspect of health care part 2
safeguarding vulnerable individuals
Health and safety responsibilities / Health & Fitness Academy, United Kingdom
Risk management in health and social care

Florence Academy

london, England
2023 - 2023

● Certificate in First Aid, Dementia care, Diabetes Management, Medication Administration, Parkinson's Disease, Catheter care

Florence Academy United Kingdom
2023 – catheter care Florence Academy United Kingdom
2023 – Diabetes Awareness Florence Academy United Kingdom 2023 – Parkinson's Disease Florence Academy United Kingdom 2023 – Medication Administration Florence Academy United Kingdom 2023 – First Aid Florence Academy United Kingdom

Independent Institute of Education (Rosebank College)

Pretoria, South Africa
2015 - 2019

Bachelor of Information Technology in Business Systems

Module Name Credit Value final mark
Analytical Techniques - 10 70%
Apply communication Technic 9 54%
Business Management1a 12 64%
Business Management1b 12 59%
Business Management2a 12 57%
Business InformationSystem 12 62%
Business Analysis 12 71%
Business Analysis 3a 15 50%
Business Analysis 3b 15 56%
Database(Introduction) 15 74%
DataBase(Intermediate) 12 84%
Digital citizenship 8 81%
Enterprise resource planning 15 60%
Financial Management 10 52%
Introduction to Research 10 91%
IT Project Management 15 76%
Information system strategy 18 53%
IT management 15 59%
IT Risk Management 15 73%
Management information systs 15 61%
Network Design 12 82%
Network architecture 12 58%
Economics 1a 12 50%
Economics 1b 12 54%
Programing logic&design 10 64%
System Analysis&design 16 74%
Web development 10 87%
Work Int learning 15 88%

Amhadu Bello University

Zaria, Nigeria
2007 - 2007

A LEVEL

Biology
Chemistry
Physics

Buks International Secondary School

Zaria, Nigeria
2004

GCE O Level

- English Language- C6
- Mathematics- C6
- Biology -C6
- Chemistry- B3
- Physics -C5
- Geography- C4
- Economics- C6
- Agricultural Science- C6

TECHNICAL SKILLS

- Full Car Licence
- Patient monitors, hospital stretchers, ear thermometers, wheel chairs,sphygmomanometer,computers, and clipboards

PERSONAL SKILLS

Good communication

I approach every patient interaction with the intention to understand the patient's concerns, experiences, and opinions. This includes Interacting with elderly people using verbal and nonverbal communication skills, along with active listening.

Empathetic and caring

i am able people to gain a greater understanding of how patient may feel and what they think and care for them,Doing meaningful work which has a real impact on people's lives

willingness to learn

i am always open to or seek out new experiences, skills and information that improve my abilities professionally.i am a People person looking for a meaningful way to contribute back to the community

Thinking skills and resilience

i am always open to solving problems, make different decisions, asking questions, making plans, organising and creating information. i am also proficient in the use of and have a mobile smartphone

Self management

i have the ability to regulate my behaviors, thoughts, and emotions in a productive way. Performing high standard of care with diligence.Able to work rostered shifts including weekends and nights

Good listener

I focus completely on what another person is saying and engage with their ideas in a thoughtful, comprehensive way.

Good team player

I have the Ability to work within a team and independently

Emotional strong

High energy, physical fitness, and enthusiasm responds with feelings and then goes forward to resolve the issue. i am less discouraged by setbacks, more adaptable to change and i have the skills to recognize and express my needs

Organizational skills

I have computer skills and soft skills that help me manage expectations, stay on top of tasks, and deliver results. Good customer service, organization, and problem-solving

enthusiastic

I am personable, approachable , and able to build relationships with all patient,i have a big heart, patience, and a desire to help improve the lives of older adults and their families

COMMUNITY & VOLUNTEER EXPERIENCE

Kgabalastane Adult home

Kgabalastane, South Africa
May 2018 - Apr 2019

● **Adult carer**

This was a voluntary community service while pursuing my degree in Bachelor of information technology in business system South Africa

- At all times, I respect and safeguard the confidentiality of residents' personal information. This includes resident behavior, as well as any incident that may occur during the course of the day.
- I abide by all applicable legislative and legal requirements, including those related to health and safety, COSCH, and the Health and Social Care Act. To keep the entire home in a safe environment. Recognize the importance of infection prevention.
- I help by physically supporting the patient as they complete day -to day activities such as getting out of bed, bathing, dressing, using the restroom, standing, walking, and exercising.
- Safely using aids and personal equipment in a manner that respect the dignity of patient for example walkinf frames, wheel chair.
- Recognize the importance of infection prevention. I am constantly on the lookout for changes in a resident's physical and mental well-being, immediately reporting any changes in a resident's condition to a senior person on duty.
- I performed a variety of duties to care for, support, and inform patients and their families under the supervision of licensed nursing professionals.
- I provide emotional support, physical assistance, and encouragement to patients with various health concerns, including those who have mobility issues.
- I Respect the dignity of the patient by safely using aids and personal equipment like wheelchairs and walking frames. I regularly cleaned linens and strictly followed all infection control guidelines
- I worked under pressure by carrying out delegated clinical tasks in aged care facility

ACHIEVEMENTS

Achievement

2022

I successfully assisted over 100 patients in a week.

Achievement

2021

Obtained the "Best Caregiver of the Year" award in 2021

Achievement

2021

Consistently demonstrated obedience to established facility procedures, protocols, and standards.

INTERESTS

- i have an Interest in Good Healthcare Outcomes
 - first Aid
 - Dementia
 - medication administration
 - Residential care
 - diabetes management
 - Aged care
 - parkinson disease
 - Patient rehabilitation
 - Moving and handling/ Reporting skills/ Creating plans/ shopping trips.
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REFEREES

Referees available on request.