TEMITAYO OLUWAKEMI MOSIMABALE (NURSING ASSISTANT)

♥ No 13 Oredola Avenue New Oko oba, Agege, Lagos, Nigeria

☑ tayomosimabale@gmail.com

€ +2348130368268 or +2349019580661

OBJECTIVE

I'm looking for full-time work in the role of HealthCare Assistant, Adult Carer, Personal Care worker in the health and community industry.

WORK HISTORY

Agape BioMedical Clinic

Kuje Abuja, Nigeria Mar 2019 - Jun 2023

ITereleng Adult Care home

Kgabalastane, South Africa Apr 2018 - Jan 2019

Health care Assistant

This was a voluntary job

- I observe document accurately, and communicate health conditions of resident welfare. i am open to continuous training
- I am empathetic towards patient and their needs, I encourage, help, and support residents in participating in leisure activities that are appropriate for their care, ensuring that their social and emotional requirements are addressed.
- I communicate with other healthcare professionals about the residents' care needs.I help by physically supporting the patient as they complete day -to day activities such as getting out of bed, bathing, dressing, using the restroom, standing, walking.
- By following individual care plans carefully, I provide the highest level of personal care and attention to residents. In all my interactions, I strive to be polite, friendly, warm, and supportive.
- I am in charge of making and changing beds, tidying residents' rooms (with their consent), performing light cleaning duties as needed, and generally assisting in keeping the home clean, pleasant, and friendly at all times.
- At all times, I respect and safeguard the confidentiality of residents' personal information. This includes resident behavior, as well as any incident that may occur during the course of the day.
- When necessary, I assist in serving food and beverages during mealtimes. Putting effort into thoughtfully preparing and presenting meals and refreshments, as well as providing courteous and careful service.
- I help by physically supporting the patient as they complete day -to day activities such as getting out of bed, bathing, dressing, using the restroom, standing, walking, and exercising.
- I have a positive can-do attitude and enjoy enriching the lives of our residents, doing everything
 with kindness and a smile. I assist with the personal care needs of residents, mobility, and
 communication.
- I help take care of patient physical comfort for instance assist them in washing themselves and emptying the bed pan

Carer

This was a voluntary community service while i completed my bachelor Of Information Technology in business system

- I provide emotional support, physical assistance, and encouragement to patients with various health concerns, including those who have mobility issues..
- I Respect the dignity of the patient by safely using aids and personal equipment like wheelchairs and walking frames.
- I regularly cleaned linens and strictly followed all infection control guidelines.
- I performed a variety of duties to care for, support, and inform patients and their families under the supervision of licensed nursing professionals.
- I efficiently and effectively deliver care by prioritizing attendance to Resident's needs and delivering the best care possible according to duty schedules, and the prescribed nursing care for individual residents.
- I observe and report any changes in the resident's condition and vital signs. This includes appropriate upward reporting, sharing relevant information with colleagues and maintaining a good working relationship with management.
- I support and uphold all policies, mission statements and philosophies at all times

QUALIFICATIONS

Caredemy

London, England 2023 - 2023

Health and fitness Academy

163 city road london, England 2023 - 2023

Florence Academy

london, England 2023 - 2023

Care certificate

Care Certificate Caredemy Understand Your Role Your Personal Development Duty of Care / caredemy Awareness of Equality, Diversity and Human Rights Work In A Person Centred Way Communication / caredemy Privacy and Dignity, Fluids and Nutrition Dementia Awareness Learning Disabilities Awareness Mental Health Awareness Safeguarding Adults Safeguarding Children Basic Life Support Health and Safety Handling Information (Information Governance) Infection Prevention and Control one

Health and Social care level 3 certificate

Introduction to health and social care Communication and its relevance Right and responsibility as a health and social worker Role as a care giver and health professional working in health and social care, promoting equality diversity and rights Understanding legal professional standard of practice and ethical aspect of health care part 1 Understanding legal professional standard of practice and ethical aspect of health care part 2 safeguarding vulnerable individuals Health and safety responsibilities / Health & Fitness Academy, United Kingdom Risk management in health and social care

Certificate in First Aid, Dementia care, Diabetes Management, Medication Administration, Parkinson's Disease, Catheter care

Florence Academy United Kingdom

2023 – catheter care Florence Academy United Kingdom

2023 – Diabetes Awareness Florence Academy United Kingdom 2023 – Parkinson's Disease Florence Academy United Kingdom 2023 – Medication Administration Florence Academy United Kingdom 2023 – First Aid Florence Academy United Kingdom

Independent Institute of Education (Rosebank College)

Pretoria, South Africa 2015 - 2019

Amhadu Bello University

Zaria, Nigeria 2007 - 2007

Buks International Secondary School

Zaria, Nigeria 2004

Bachelor of Information Technology in Business Systems

Module Name Credit Value final mark Analytical Techniques - 10 70% Apply communication Technic 9 54% Business Management1a 12 64% Business Management1b 12 59% Business Management2a 12 57% Business InformationSystem 12 62% Business Analysis 12 71% Business Analysis 3a 15 50% Business Analysis 3b 15 56% Database(Introduction) 15 74% DataBase(Intermediate) 12 84% Digital citizenship 8 81% Enterprise resource planning 15 60% Financial Management 10 52% Introduction to Research 10 91% IT Project Management 15 76% Information system strategy 18 53% IT management 15 59% IT Risk Management 15 73% Management information systs 15 61% Network Design 12 82% Network architecture 12 58% Economics 1a 12 50% Economics 1b 12 54% Programing logic&design 10 64% System Analysis&design 16 74% Web development 10 87% Work Int learning 15 88%

A LEVEL

Biology Chemistry Physics

GCE O Level

- English Language-C6
- Mathematics- C6
- Biology -C6
- Chemistry- B3
- Physics -C5
- Geography- C4
- Economics- C6
- Agricultural Science- C6

TECHNICAL SKILLS

• Full Car Licence

 Patient monitors, hospital stretchers, ear thermometers, wheel chairs, sphygmomanometer, computers, and clipboards

PERSONAL SKILLS

Good communication

I approach every patient interaction with the intention to understand the patient's concerns, experiences, and opinions. This includes Interacting with elderly people using verbal and nonverbal communication skills, along with active listening.

Empathetic and caring

i am able people to gain a greater understanding of how patient may feel and what they think and care for them, Doing meaningful work which has a real impact on people's lives

willingness to learn

i am always open to or seek out new experiences, skills and information that improve my abilities professionally.i am a People person looking for a meaningful way to contribute back to the community

Thinking skills and resilience

i am always open to solving problems, make different decisions, asking questions, making plans, organising and creating information. i am also proficient in the use of and have a mobile smartphone

Self management

i have the ability to regulate my behaviors, thoughts, and emotions in a productive way. Performing high standard of care with diligence. Able to work rostered shifts including weekends and nights

Good listener

I focus completely on what another person is saying and engage with their ideas in a thoughtful, comprehensive way.

Good team player

I have the Ability to work within a team and independently

Emotional strong

High energy, physical fitness, and enthusiasm responds with feelings and then goes forward to resolve the issue. i am less discouraged by setbacks, more adaptable to change and i have the skills to recognize and express my needs

Organizational skills

I have computer skills and soft skills that help me manage expectations, stay on top of tasks, and deliver results. Good customer service, organization, and problem-solving

enthusiastic

I am personable, approachable, and able to build relationships with all patient, i have a big heart, patience, and a desire to help improve the lives of older adults and their families

COMMUNITY & VOLUNTEER EXPERIENCE

Kgabalastane Adult home

Kgabalastane, South Africa May 2018 - Apr 2019

Adult carer

This was a voluntary community service while pursuing my degree in Bachelor of information technology in business system South Africa

- At all times, I respect and safeguard the confidentiality of residents' personal information. This includes resident behavior, as well as any incident that may occur during the course of the day.
- I abide by all applicable legislative and legal requirements, including those related to health and safety, COSCH, and the Health and Social Care Act. To keep the entire home in a safe environment. Recognize the importance of infection prevention.
- I help by physically supporting the patient as they complete day -to day activities such as getting out of bed, bathing, dressing, using the restroom, standing, walking, and exercising.
- Safely using aids and personal equipment in a manner that respect the dignity of patient for example walkinf frames, wheel chair.
- Recognize the importance of infection prevention. I am constantly on the lookout for changes in a
 resident's physical and mental well-being, immediately reporting any changes in a resident's
 condition to a senior person on duty.
- I performed a variety of duties to care for, support, and inform patients and their families under the supervision of licensed nursing professionals.
- I provide emotional support, physical assistance, and encouragement to patients with various health concerns, including those who have mobility issues.
- I Respect the dignity of the patient by safely using aids and personal equipment like wheelchairs
 and walking frames. I regularly cleaned linens and strictly followed all infection control guidelines
- I worked under pressure by carrying out delegated clinical tasks in aged care facility

ACHIEVEMENTS

Achievement

2022

I successfully assisted over 100 patients in a week.

Achievement

2021

Obtained the "Best Caregiver of the Year" award in 2021

Achievement

2021

Consistently demonstrated obedience to established facility procedures, protocols, and standards.

INTERESTS

- i have an Interest in Good Healthcare Outcomes
- first Aid
- Dementia
- medication administration
- Residential care

- diabetes management
- Aged care
- parkinson disease
- Patient rehabilitation
- Moving and handling/ Reporting skills/ Creating plans/ shopping trips.

REFEREES

Referees available on request.

CERTIFICATE OF ACHIEVEMENT



Temitayo Oluwakemi Mosimabale

has successfully demonstrated proficient comprehension in the course of Health and Social Care – Level 3

and is therefore awarded this qualification with Distinction on June 7, 2023

Certificate Code: 378633-376830-1194725







Francesco Mastrangelo Director of Studies



020 3744 6845

163 City Road, London, EC1V 1NR

info@hfonline.org



Transcript

Name: Temitayo Oluwakemi Mosimabale

Course Name: Health and Social Care - Level 3

Date Issued: Jun 06, 2023

Modules Successfully Completed

Module 1: Introduction to Health and Social Care

Module 2: Communication and its Relevance

Module 3: Rights and Responsibilities as a Health and Social Care Worker

Module 4: Role as A Caregiver and Healthcare Professional

Module 5: Working in Health and Social Care; Promoting Equality, Diversity and Rights

Module 6: Important Principles and Policies in Health and Social Care Work

Module 7: Understanding Legal, Professional Standards of Practice and Ethical Aspects of Health Care Part - 1

Module 8: Understanding Legal, Professional Standards of Practice and Ethical Aspects of Health Care Part – 2

Module 9: Safeguarding Vulnerable Individuals

Module 10: Health and Safety Responsibilities

Module 11: Risk Management in Health and Social Care

Order Your Certificate.

Francesco Mastrangelo Director of Studies The CPD Standards Office INDEPENDENTLY ACCREDITED CPD www.cpdstandards.com



CERTIFICATE OF ACHIEVEMENT

CARE

CERT

Temitayo Oluwakemi Mosimabale

has successfully completed the theory for standards 1 to 15 of the following:

CARE CERTIFICATE (STANDARDS 1 TO 15)

Completed Date: May 9, 2023

Certificate verification: ELC-1683646017-76227-61602 https://www.caredemy.co.uk/verify





Has completed the **Medication Administration** elearning course delivered by Florence Academy on **11 May, 2023**

Candidate code: FETDED

You can verify this candidate by visiting https://academy.florence.co.uk/public/verify

Fiona Millington, Chief Nurse

Dr Charles Armitage, CEO





Has completed the **Catheter Care** e-learning course delivered by Florence Academy on **12 May**, **2023**

Candidate code: FETDED

You can verify this candidate by visiting https://academy.florence.co.uk/public/verify

Fiona Millington, Chief Nurse

Dr Charles Armitage, CEO





Has completed the **Parkinson's Disease** e-learning course delivered by Florence Academy on **18 May**, **2023**

Candidate code: FETDED

You can verify this candidate by visiting https://academy.florence.co.uk/public/verify

Fiona Millington, Chief Nurse

Dr Charles Armitage, CEO





Has completed the **Diabetes Awareness And Management** e-learning course delivered by Florence Academy on **15 May, 2023**

Candidate code: FETDED

You can verify this candidate by visiting https://academy.florence.co.uk/public/verify

Fiona Millington, Chief Nurse

Dr Charles Armitage, CEO





Has completed the **First Aid** e-learning course delivered by Florence Academy on **06 June**, **2023**

Candidate code: FETDED

You can verify this candidate by visiting https://academy.florence.co.uk/public/verify

Fiona Millington, Chief Nurse

Dr Charles Armitage, CEO



INSTITUTE OF EDUCATION

This is to certify that TEMITAYO OLUWAKEMI MOSIMABALE

having satisfied the requirements

was awarded the

BACHELOR OF INFORMATION TECHNOLOGY IN BUSINESS SYSTEMS

at a congregation of the Institute on

22 MAY 2020

Congular

The Senate of The IIE

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Registrar

A10368117





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FEDERAL REPUBLIC OF NIGERIA



CANDIDATE No. 31244451HF

NATIONAL EXAMINATIONS COUNCIL

SENIOR SCHOOL CERTIFICATE

November 2004

This is to certify that MOSIMABALE TEMITAYO KEMI

of BUKS INT'L SEC. SCHOOL ZARIA 014051

sat the Senior School Certificate Examination in the year Two Thousand and Four

and scored the grade(s) recorded below in the following 8 (EIGHT)

Credit

Subject	Grade	Interpretation
English Language	C6	Credit
Mathematics	C6	Credit
Economics	C6	Credit
Geography	C4	Credit
Biology	C6	Credit
Chemistry	B3	Good
Physics	C5	Credit

ANY ALTERATION OR ERASURE RENDERS THIS CERTIFICATE VALUELESS

C6

Chairman - Governing Board

Agricultural Science

Certificate Serial No. 401058340

Registrar - National Examinations Council