
TARANJEET KAUR

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PROFESSIONAL SUMMARY

Dedicated Personal Care Worker with extensive experience at Catholic Age Care, excelling in compassionate caregiving and personal hygiene assistance. Proven track record in improving client satisfaction by 20%, leveraging skills in behavioral management and emotional support. Adept at maintaining privacy and confidentiality, showcasing a unique blend of empathy and professionalism in client interactions.

SKILLS

- Personal Hygiene Assistance
- Compassionate Caregiving
- Behavioral Management
- Emotional Support
- Dementia Care
- Clinical Documentation
- Privacy and confidentiality
- Housekeeping tasks
- Light Housekeeping
- Meal Preparation
- End of life care
- Meal Planning
- First-aid and CPR
- Shopping and errands
- Personal hygiene

WORK HISTORY

Personal Care Worker(Part-time), 08/2023 - Current

Catholic Age Care – Norwest

- Provided assistance in daily living activities by dressing, grooming, bathing, and toileting patients.
- Developed trust-based relationships with both clients and their families through clear communication and empathetic caregiving approach.
- Provided safe mobility support to help patients move around personal and public spaces.
- Demonstrated respect for client privacy through discreet handling of sensitive information entrusted during care delivery.
- Provided compassionate companionship to clients, engaging in meaningful conversations and activities.
- Prioritized safety measures within the home environment by identifying potential hazards and implementing preventive strategies.
- Documented vitals, behaviors, and medications in client medical records.
- Improved client's overall well-being by assisting with personal hygiene tasks, such as bathing and

grooming.

- Monitored and assisted residents through individual service plans.
- Assisted patients with self-administered medications.

Assistant in Nursing , 04/2023 - 07/2023

Quality Care Nursing Nursing Agency – Ryde

- Provided high-quality personal care services such as bathing, grooming, dressing, and feeding to ensure patient dignity.
- Assisted patients with daily living activities for enhanced comfort and wellbeing.
- Checked patient vitals such as temperature, blood pressure, and blood sugar levels.
- Maintained a clean, safe environment by sanitizing surfaces, changing linens, and disposing of waste properly.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing, and teeth brushing.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Conducted regular rounds to monitor patients' physical and mental status throughout shifts.

EDUCATION

MBA In Hospitality : Hospitality, 11/2024

Victorian Institute of Technology - Sydney, NSW

Heath Care, 03/2023

Certificate III in Individual Support - Quality Care Nursing Agency

CERTIFICATIONS

Certificate III in individual support ageing

Police check

NDIS check

First Aid and CPR

Medication certificate

Food handling certificate

Manual handling certificate

Flu vaccinated

ADDITIONAL INFORMATION

I have experienced more than 1.5 years specially dealing with dementia patients and disabled residents.

Perfect in manual handling

Medicator

Knowledge about softwares and documentation

Personal care, emotional care, and knowledge about recreation activities, exercise, therapy etc.

AVAILABLE FOR MORNING AFTERNOON AS WELL NIGHT SHIFTS.

NO WORKING HOURS RESTRICTIONS

LANGUAGES

English



Full Professional

Hindi



Native or Bilingual

Punjabi



Native or Bilingual