






TAMARA SIANSANDA

CNA Certified Nursing Assistant

 Lusaka

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Objective

CNA Certified Nursing Assistant with experience serving chronically ill patients, including assisting with daily living activities and household tasks. Patient and highly compassionate. Highly skilled in wound care. Monitored vital signs, assisted with feeding, bathing/grooming, positioning and range of motion exercises.

Work Experience

CNA Certified Nursing Assistant

OUR LADY'S HOSPICE. Aug / 2022 - Feb / 2023 Lusaka, Zambia

- Observed and documented patient status and reported patient complaints to the case manager.
- Read and recorded temperature, pulse and respiration.
- Work with different residents assist with everyday living examine residents for signs of pain and other illnesses.
- Cared for residents at nursing home Took Vitals, help with feedings.
- Meal preparation, bathe, dress, feed, transfer, hospice and companionship Skills Used Charting vitals, lifting and moving and meeting with nursing .
- Prepared patient rooms prior to their arrival.
- Massaged patients and applied preparations and treatments, such as liniment, alcohol rubs and heat-lamp stimulation.
- Completed and submitted clinical documentation in accordance with agency guidelines.
- Collected urine and fecal samples.
- Support duties for diagnostic and technical treatment procedures, such as setting up and operating special medical equipment and apparatus
- Meeting all daily needs of patients.

CNA Certified Nursing Assistant

OUR LADY'S HOSPICE. Aug / 2022 - Feb / 2023 Lusaka, Zambia

- Assessing and planning nursing care requirements.
- Providing care before and after operations.
- planned and provided holistic nursing care to children affected by a wide variety of illnesses and medical conditions.

Education

Certificate in Nursing Care Assistant (CareGiver)

NORTHWESTERN COLLEGE OF HEALTH SCIENCES AND RESEARCH. Jan / 2022 - Jul / 2022 Lusaka

Trained as a careGiver at Northwestern School of Health Science and Research with a reputation of excellence in education delivery to ensure high standards of competence in provision of nursing care to all patients with diverse needs.

Education

Certificate in Health Aide (dementia level 1)

FLORENCE ACADEMY Oct / 2022 - Oct / 2022 Online

- Health Aide (dementia level 1)

Skills

Wound Care



Professional caregiver



Highly ethical and
confidential



Excellent
communication ability.

