

# TIJO BABY

B.Sc. NURSE

Experienced and dedicated **Male Nurse** with **11 years** of diverse experience in critical care settings, including MICU, OT, NSICU, National Gard C, Male Long Stay Ward, and ICU. Possesses a B.Sc. degree in nursing and maintains an active licensure. Skilled in providing high-quality patient care, assessing and monitoring critical conditions, and collaborating with interdisciplinary healthcare teams. Proven track record of delivering compassionate and evidence-based care to patients.

## KEY SKILLS

Team Work

Work Ethic

Nursing audits

Care Management

Patient counselling

Administrative skills

Medication administration

Emergency assessments

Quality assurance

Wound dressing

Patient care

## EMPLOYMENT CHRONICLE

**REGISTERED NURSE** | 28 Mar 2022 - Present

HNH HOSPITAL, SAUDI ARABIA

DEPARTMENT: NATIONAL GARD C STEP DOWN ICU (250 Beds)

**NURSE** | 18 Oct 2016 - 2022

KMCT HOSPITAL MUKKAM, INDIA

DEPARTMENT: MICU (650 Beds)

**NURSE** | 18 June 2015 – 06 Oct 2016

BABY MEMORIAL HOSPITAL CALICUT, INDIA

DEPARTMENT: OT (800 Beds)

**NURSE** | 10 Nov 2013 – 10 Jun 2015

TELLICHERRY CO-OPERATIVE HOSPITAL THALASSERY, INDIA

DEPARTMENT: SICU (350 Beds)

**NURSE** | 23 July 2012 – 15 July 2013

SEVEN HILLS HOSPITAL MUMBAI, INDIA

DEPARTMENT: ICCU (550 Beds)

**STAFF NURSE** | 25 Apr 2011 – 02 July 2012

SETHI HOSPITAL GURGAON, INDIA

DEPARTMENT: MICU (100 Beds)

## KEY RESPONSIBILITIES

- Establish positive nurse-patient relationships.
- Conduct comprehensive physical and psychological assessments.
- Prioritize and implement appropriate nursing interventions.
- Ensure post-procedural care for invasive procedures.
- Monitor neurological status using GCS.
- Check and document vital signs regularly.
- Maintain intake and output charts for fluid balance.
- Perform invasive hemodynamic monitoring (ABG, CVP, PAP).
- Collect specimens for laboratory testing.
- Provide specialized care for tracheostomy patients.
- Safely perform endotracheal suctioning (open and closed).
- Manage enteral feeding through tubes.
- Ensure proper patient positioning and restraints.
- Assist with diagnostic procedures (X-ray, ultrasound, etc.).

## CONTACT DETAILS

+966 534576543  
+91 9645610129

tijobaby2012@gmail.com

Saudi Arabia

## ACADEMIC CREDENTIALS

**B. Sc NURSING | 2006-2011**

- Rajeev Gandhi University  
Karnataka

**HIGHER SECONDARY | 2006**

- Board of Higher Secondary  
Examination, Kerala, India

**ITC | 2003**

- NCVT

**SSLC | 2001**

- Board of Public Examination,  
Kerala, India

## COMPUTER PROFICIENCY

MS Office ★ ★ ★ ★ ★

Basic Operation ★ ★ ★ ★ ★

Internet & Email ★ ★ ★ ★ ★

## ADDITIONAL COURSES

- BLS | 2022  
- Saudi
- ACLS | 2022  
- Saudi

## REGISTRATION DETAILS

- Kerala Nursing Council  
- Reg no: 24909

## LANGUAGES KNOWN

English	<div><div></div></div>	100 %
Malayalam	<div><div></div></div>	100 %
Hindi	<div><div></div></div>	85 %
Tamil	<div><div></div></div>	85 %

## TRAY SETS

- CVP
- ICD
- LP
- Intubation Tray
- Mouth Care Sets
- Suture Removal
- Dressing Set
- Central Line
- Catheterization Tray

## PERSONAL DOSSIER

Gender : Male  
Date of Birth : 29-04-1985  
Nationality : Indian  
**Permanent Address** :  
Nellithanathkalayil (H)  
Thottumukkam (PO), Areacode (Via)  
Calicut, Kerala, India - 673639

## PASSPORT DETAILS

Passport Number : M6775945  
Date of Expiry : 01/03/2025

## REFERENCES

- **MRS. MARIAMMA VARGHESE**  
Nursing Superintendent,  
Baby Memorial Hospital, Calicut  
Ph: 0495 2777777
- **MR. SAJI MATHEW**  
HR Manager,  
Baby Memorial Hospital,  
Pediatric department  
Ph: 0495 2777777

- Conduct bladder washes and administer enemas.
- Perform gastric lavage when necessary.
- Expertly care for patients with pressure ulcers.
- Maintain emergency drug supplies.
- Monitor cardiac activity using ECG.
- Administer oxygen therapy.
- Assist with underwater seal drain insertion.
- Participate in emergency resuscitation and cardioversion.
- Administer medications accurately.
- Assist with line and catheter placement.
- Manage IV fluids and inotropic medications.
- Perform various procedures (tube insertion, catheterization, transfusion).
- Monitor blood glucose levels.
- Manage wound care and pain.
- Implement infection control protocols.
- Maintain accurate records and reports.
- Facilitate family meetings and counselling.

## EQUIPMENTS USED

- Defibrillator
- Cardiac Monitor
- Pulse Oxymeter
- Syringe pump
- Laringo Scope
- BP Apparatus
- ECG Machine
- Ambu Bag
- Nebulizer
- Suction Apparatus
- Glucometer
- Remote bed
- Checking Inventories
- Receiving and giving handed over from patient bed
- Handling Emergencies
- Vitals Monitoring
- Rechecking The previous medicine
- Catheter Care
- Position changing
- Back care
- Mouth Care
- Intake and output charting
- Drug Administration
- Medical records maintenance

## DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

**TIJO BABY**