

THAN ALE

magarnamshuale@gmail.com | 0403430582 | GIRRAWEE, NSW 2145

PROFESSIONAL SUMMARY

Patient oriented Nurse with 4 years of diverse experience in direct patient care and staff supervision. Skilled at multitasking and prioritising patient needs and daily assignments. Offering expertise with **Acute Geriatric** and **Orthopaedic** specialty. Proven to remain calm under pressure and skilfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

SKILLS

- Supply Restocking
- Diabetes Management
- ADL Assistance
- Precepting
- Chart Updating
- Chronic Disease Management
- Emergency Response
- Wound Care
- Nursing Staff Leadership
- Taking Vitals
- Patient Monitoring
- Maintaining Privacy

WORK HISTORY

Registered Nurse | Concord Repatriation General Hospital- 07/2020- 12/2023 Concord, NSW

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Administered medications via oral, IV, and intramuscular injections and monitored responses.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process, and management and lifestyle options.
- Prevented the spread of infections by consistently adhering to strict infection control protocols and educating patients on proper hygiene practices.

- Conducted thorough patient assessments to identify changes in condition, promptly notifying physicians and initiating appropriate interventions when necessary.
- Promoted a culture of safety within the healthcare facility by participating in quality improvement initiatives, identifying potential hazards, and advocating for best practices in nursing care delivery.
- Facilitated patient transitions between different levels of care, ensuring continuity of services and minimising disruptions in treatment plans.
- Skilfully managed challenging patient situations using de-escalation techniques, crisis intervention strategies, and therapeutic communication skills.
- Administered medications safely according to established guidelines while closely monitoring for side effects or adverse reactions requiring intervention.
- Organised and managed care of patients undergoing various therapies and procedures.
- Improved patient outcomes by implementing evidence-based nursing interventions and individualised care plans.
- Managed patients recovering from medical or surgical procedures.
- Led teams in driving successful patient outcomes by prioritising standard of care and best practices.

EDUCATION

- **Bachelor of Nursing**, Western Sydney University, Parramatta, NSW
- **Diploma of Business Management and Leadership** (Granville TAFE)
- **English for further study** (Granville TAFE)
- **Higher Secondary Education Board** (H.S.E.B) certificate (Nepal)
- **School leaving certificate** (SLC) Examination (Nepal)

REFEREES

Arpana Shrestha

Concord Hospital, Concord NSW

Position: Clinical Nurse Educator

Mobile: 0410313007

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Deepak Paudel

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