SWASTIKA UPADHYAY

STUDENT



2 0423115756

Paudelswastika0@gmail.com

3/12 Albert St. Hornsby NSW, 2077

SKILLS

- Competent written and verbal communication skills
- Food Preparation Techniques
- Cleaning and Sanitizing
- Well Organized, punctual and ability to manage time
- Empathetic, good listener with eye for detail
- Multilingual Nepali, Hindi and English
- Strong Communication

EDUCATION

SECONDARY SCHOOL Everest Boarding HSS, Nepal 2018-2020

BACHELOR OF COMMUNITY SERVICE Stotts College

2022- Present

PROFILE

I'm an honest, reliable, and hardworking person, currently studying Bachelor of Community Service. By working in a realistic setting like your facilities, I hope to advance and improve my nursing and personal support service abilities. I am employee with diverse background in food and customer service looking to leverage skills as Assistant in Nursing.

EXPERIENCE

KITCHEN ASSISTANCE

Hammond care North Turramurra 2022-Present

- Food preparation.
- Food Service.
- Cleaning of Kitchen.

CASHIER

Oven café, Nepal 2020-2021

- Waitressing
- Making Coffee
- Cashier

VOLUNTEERING

Red Cross Nepal 2019 for 6 month

- Fund raising
- Awareness Program

TRAININGS

- Fire hazard training
- First Aid Training
- Manual Handling
- Health and safety
- Health and safety

REFERENCES

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Usha Parajuli Registered Nurse, Gosford Hospital Ph. 0426530010

Sabhyata Mishra Care Service Employee, Hammond Care Ph. 0452042304