

Sujaan Maskey

Hornsby, Sydney, NSW

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Objective

Motivated and compassionate individual with hands-on experience through an aged care placement at Catholic Healthcare. Seeking a **full-time aged care role** to provide person-centered support with empathy, dignity, and respect. Committed to promoting independence and emotional wellbeing for elderly clients in line with aged care values and standards.

Employment History

- **April 2025 -May 2025** **Catholic Healthcare, Waitara**
Student- Aged care placement
Assisted residents with personal care and daily routines under supervision, supported mobility using hoists, walking aids, and safe manual handling techniques, communicated respectfully and clearly with residents, including those with dementia, helped serve meals and supported residents with feeding where required.
- **Dec 2024 – present** **All Rounder**
Old English Fish N' Chips
Responsibilities include taking and giving orders, handling payments, communicating orders to the kitchen, managing stock and product displays and maintaining a neat and tidy work area.
- **June 2020 – Oct 2024** **Support worker**
Pashupati Old age care Nepal
Worked as an assistant in providing high quality care and assistance, personal care, community participation, meal preparation.

Qualifications

- **Certificate III in Individual Support (Aged Care and Disability)**
Advance College, Sydney
 - First Aid & CPR Certification – [2025]
 - Manual Handling Training – [2025]

- **Master of Business Administration**
Lincoln University College, Graduated April 2023

Skills

- Personal care assistance (showering, grooming, toileting)
- Safe use of mobility aids and hoisting equipment
- Meal support and feeding assistance
- Infection control and hygiene practices
- Respectful, person-centered communication
- Documentation and incident reporting
- Strong multitasking in fast-paced settings

Availability

- Full time available
- No work restrictions

Clearances & Vaccinations

- **Police Check** – Cleared
- **NDIS Volunteer Screening Check** – Completed
- **Flu Vaccination** – Up to date
- **COVID-19 Vaccination** – Up to date

References

Sandipa Shrestha

Registered Nurse, Wyong Hospital

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Anushka Kasti

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