SUSMA BARAL

146 Holden Drive, Oran Park, NSW 2570

Tel: 0450 398 459, E-mail: ursusma35@gmail.com

Career Objective

Seeking a position as an Aged Care Worker, utilizing a strong background in aged care services and a compassionate nature to provide excellence in resident care. Known for maintaining a safe, protected, tidy, and orderly environment for residents.

Education

Certificate III in individual support (ageing)   2017
Advance college of Health Burwood, Sydney

First Aid and CPR   2017
Advance college of Health Burwood, Sydney

Graduate in Computer Application   2012
Oxford College of Engineering and Management

Employment History

Assistant in Nursing   Dec 2017- Present
Montefiore Homes
36 Dangar Street, Randwick, NSW 2031
Responsibilities

 Assist in the delivery of the following direct care activities. Such as,
- Showering, bathing, sponging
- Hair washing, shaving, mouth and denture care, eye and ear care
- Assistance with toileting, removal and cleaning of bedpans and urinals
- Observe and report patient completion of and performance of tasks in line with care plan

 Set up and assistance with patient meals and fluids.
 Report all patient observations to the appropriate Registered Nurse
 Change and make up occupied and unoccupied beds
 Contributing to the maintenance of a safe and secure environment for residents/patients and staff.
 Make Progress notes using eCase.

Key Competencies

- Well-organized, strong ability to work independently or in a team environment.
- Have awareness of WHS, fire regulations and manual handling procedures.
- Honest, reliable, hard worker, punctual and highly committed professional.
- Thorough understanding of problems related to aged residents in terms of attitude and patience.
- Kind hearted and calm nature.

Others

Availability: Casual, Part Time, Full Time

Reference

Parul Koirala
Deputy Care Manager
Montefiore Homes
Randwick, NSW
M: 0426 131 684

Sujaneshwori Chalise
Registered Nurse
Montefiore Homes
Randwick, NSW
M: 0416 611 843