

RESUME

Name: Sushmita Thapa

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Objective:

I am looking for a part time permanent employment for the post of Assistant in Nursing. I wish to have my career which employs my skills and expertise fully to join the organization which values enthusiasm, professionalism, and commitment to perform significant responsibilities and opportunities.

Work Experience:

Worked as trainee Nursing Staff from 01/01/2022 to 31/11/2022 in L. B. APRAJITA HOSPITAL, Patna, Bihar, India.

Clinical Training Experience:

Hayes Memorial Hospital, Naini, Prayagraj, India

- Administered IV fluids.
- Checking intake and output.
- Performed Intravenous Canulization and Urinary Catheterization.
- Wound dressing.

North-Central Railway Hospital, Prayagraj, India

- Assisted and performed CPR.
- Maintained hourly chart of vitals.
- Administered medication through different routes.

Mahendru Hospital (Psychiatric Center), Kanpur, India

- Administered medication for all routes.
- Maintaining Inter-Personal Relationship with patient and attendant.
- Learned about Psychiatric Therapies, Medication and Drugs.
- Assessed in Electroconvulsive Therapy.

Trainings:

- First Aid Training
- CPR Training
- Manual Handling

Certificates:

- Police certificate

Personal Attributes:

- Problem-solving and multi-tasking skills.
- Strong work ethics, exceptionally reliable and hardworking.
- Excellent organizational, prioritization, and time management skills.
- Good communication and interpersonal relationships.
- Ability to work well in a team.
- Independently with minimal supervision.

Professional skills:

- Compassionate and empathetic approach to caregiving.
- Proficient in providing personal care assistance, including bathing, dressing, and grooming.
- Ability to support individuals with mobility challenges, including using mobility aids and transferring techniques.
- Excellent communication skills of interacting with clients, their families, and healthcare professionals.
- Strong problem-solving abilities to address unexpected situations and challenges effectively.
- Patient and calm demeanor to provide reassurance and emotional support to clients.
- Knowledge of ageing and disability rights and advocacy to ensure client's needs are met.

Education:

Certificate III in Individual Support

Australian Community and Management College, Sydney, NSW

Diploma in Early Childhood Care and Service (**Pursuing**)

Australasian International Academy, Sydney, NSW 2000

Diploma in Nursing and Midwifery (**2021**)

Christian College of Nursing, SHUATS, Prayagraj, Uttar Pradesh, India

High School Diploma in Science (**2017**)

R.J.R.S.S School, Garkha, Bihar, India

Availability:

Any time

References:

Available on Request