



Suraj Adhikari

CAREER OVERVIEW

I choose to become caregiver because i have a passion for helping others and making a positive impact on their lives. I find joy in providing support and care to those who need the most. I have been working as a caregiver recently. I have worked with children to seniors. My experience includes providing personal care, medication management, meal preparation and transportation assistance

My belief

I believe in taking a patient and compassionate approach when dealing with challenging behaviours or situations. I try to understand the root cause of the behaviour and work with my clients to find solutions that meet their needs while also maintaining a safe and healthy environment

Company Name | Location

Bupa Aged care

4 The cottell way, Baulkham Hills,
NSW 2153,

I Completed my Placement of 120 hours in Bupa aged care with complete supervision of my assessors . I Gained overall skills on how to take complete care of my clients and fulfill their needs. My daily duties were maintaining prsonal hygeine of residents such as giving shower, changing pads, clothes. Also organising activities according to their interests, feeding residents, making beds, use of full body lifter, walker and wheelchair. I have good understanding of my job . I prioritize building trust and open communication with my clients. I make sure to actively listen to their concerns and work with them to create a care plan that meets their individual preferences. I also understand faniliy members want the best for their loved ones and sometimes may have different opinions or concerns. I always listen carefully to their concerns and try to find the common ground. I keep an open line of communication and work with them to develop a care plan that meets everyone needs.

IF YOU NEED ANY FIRTRHER DETAILS PLEASE DONOT
HESITATE TO CONTACT ME

CONTACT ME

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📍 Unit 5054 57-59
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EDUCATION

Course Studied

Certificate III in the
individual support course
ageing and disability

SKILLS

- Work under stressful condition in minimal supervision
- Strong work ethics
- Attention to details
- Good interpersonal, communication and CRITICAL THINKING SKILLS
- Team player
- Ability to stay calm in crisis
- Passion in helping others
- providing personal care
- medication management and meal preparation