

SK

SUMANDEEP KAUR

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PROFESSIONAL SUMMARY

Caring as (SDC) focused on supporting patients and family members with expert care during difficult periods. Manage all personal needs, including food, hygiene, and medications. Keep up with healthcare needs to promote recovery.

especially worked in Hammond had raised my skills to work with the people who are suffering from dementia. I am keen to learn more experiences and enjoyed working in this rewarding industry.

SKILLS

- Care plan implementation
- Safety monitoring
- Housekeeping
- Recordkeeping
- Meal preparation
- Personal errands assistance
- Bedside care
- Time management
- Customer relations
- Written communication

EXPERIENCE

July 2020 - Current

Aged Care Worker

Hammond age care | Erina, NSW

- Supported activities of daily living such as bathing, dressing, and grooming.
- Maintained detailed records of care activities and reported general workload and notable incidents to [Job title].
- Kept clients' spaces clean, neat, and free of safety hazards.
- Helped maintain resident quality of life through walks, small group activities, and individual visits.
- Assisted with mobility needs such as moving between bed and wheelchair and helping clients reach bathroom facilities.
- Monitored residents' conditions and reported changes to nursing staff or supervisor for handling.
- Met clients' social and emotional needs with caring companionship.
- Oversaw nutrition by preparing healthy meals and snacks and coordinating necessary supplements.
- Coordinated daily housekeeping, errands, and meal preparation for individuals under care.

- Supported individuals' personal hygiene by helping with basic tasks.
- Improved patient care and outcomes through close collaboration with healthcare team.