

Subi Manandhar

40 Pimelea Place, Rooty Hill, NSW 2766

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Profile

Highly motivated and compassionate care worker with extensive experience in aged care, seeking to contribute my skills in personal care, teamwork, and resident support to deliver high-quality care. Committed to promoting resident dignity, independence, and well-being while adhering to organizational policies and standards.

Education

Certificate III in Individual Support (Ageing)

National Community Training and Education

Key Skills

- Knowledge of resident rights, Aged Care Accreditation Standards, and Outcomes
- Proficient in assisting with Activities of Daily Living (ADL) in line with care plans
- Strong communication and interpersonal skills
- Ability to maintain privacy, confidentiality, and accurate documentation
- Experience in infection control, WHS, and manual handling procedures
- Flexible, adaptable, and team-oriented with a collaborative approach
- Proficient in Microsoft Office Suite and basic IT applications

Professional Experience

Nov 2019 – Present

Care Partner (Part-Time Permanent)

Constitution Hill Aged Care, Northmead, NSW

- Assisted residents with ADLs, including eating, dressing, showering, and toileting
- Responded promptly to resident calls and alerted medical staff during emergencies
- Performed housekeeping tasks, including cleaning rooms, replacing linens, and managing trash
- Collaborated with dining staff to ensure residents received appropriate meals
- Maintained accurate records and adhered to organizational policies

Mar 2021 – Aug 2022

Sep 2024 – Present

Care Team Member (Part-Time Permanent)

The Village by Scalabrini Aged Care, Drummoyne, NSW

- Supported residents' emotional and social needs in line with care plans
- Provided domestic services, including food handling, laundry, and cleaning
- Ensured resident choice and decision-making were respected
- Followed infection control standards and maintained hand hygiene protocols
- Participated in continuous quality improvement initiatives.

Clinical Placement

Jul 2019

Fresh Hope, Pendle Hill, NSW

- Completed 120 hours of placement, gaining hands-on experience in aged care

Professional Development

- First Aid Certification
- Manual Handling Training

References

Rubi Manandhar

Registered Nurse

Constitution Hill Aged Care, Northmead, NSW

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Bijaya Adhikari

Educator and Quality Coordinator

The Village by Scalabrini Aged Care, Drummoyne, NSW

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Garima Lamichhane

Registered Nurse

The Village by Scalabrini Aged Care, Drummoyne, NSW

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