

Subash Neupane

Tel: 0452 598 490

Email: sub.neupane@gmail.com

Career Objective:

A quick learner who is physically fit and has the strength and stamina required to lift high-value, sensitive, and fragile goods in and out. I am committed to safety and will be more than able to operate moving equipment willing to learn and get a certificate in the required field. I will always maintain a clean and safe work environment and focus on helping my employer deliver better results. I am currently looking for a position with a company that wants to attract and retain the best talent.

Current Experience:

Name of Organization: Vital Health Home Services
Job Role: Care Worker/ Support Worker
Year: From November 2023 to Present

Current Roles and Responsibilities:

- Recorded temperature, blood pressure, pulse, or respiration rate as directed by medical or nursing staff.
- Monitored and maintained cleanliness, sanitation, and assigned station and service area organization.
- Provided safe mobility support to help patients move around personal and public spaces.
- Assisted clients with daily living needs to maintain self-esteem and general wellness, including dressing guidance, grooming, meal preparation, and medication reminders.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Engaged patients in meaningful conversation, socialization, and activities while providing personal care assistance.
- Supported clients with mental support and physical activities to improve their quality of life and meet their needs.
- Built strong relationships with clients to deliver emotional support and companionship.
- Determined specific needs and provided the most appropriate level of services for patient well-being.
- Helped patients care for themselves by teaching proper, safe use of ambulation assistive devices such as canes or walkers.
- Maintained frequent supervision of residents unable to call for assistance.

Previous Experiences:

Name of Organization: Spot-free Cleaning Services
Job Role: Cleaner
Year: From Sep 2022 to Mar 2023

Name of Organization: The Century by Golden Century Restaurant
Job Role: Kitchen Hand
Year: From Nov 2022 to Jun 2023

Name of Organization: Bupa Ashbury
Job Role: Age Carer Intern
Year: August 2023

Subash Neupane

Tel: 0452 598 490

Email: sub.neupane@gmail.com

Certificate and ECA:

- Certificate IV In Disability
- Certified CPR And First Aid
- Work with Children Check
- NDIS worker Screening Check
- RSA And RSG
- International Full DL for Car

Personal Profile:

Date of Birth:	22nd May 1991
Contact Address:	21 Thomas Street, Granville, 2142 NSW
Nationality:	Nepalese
Passport Number:	11666203
Computer Proficiency:	Fully competent in using Microsoft Office, Microsoft Excel, Data Entry, and other various computer software. Technical know-how in troubleshooting and maintenance of computer hardware, software, and networking.

Strengths:

- Honest, Friendly, Tidy, loyal, Team Player, Punctual, Multi-tasking and Respectful
- Professional work ethic.
- Work without supervision even under pressure.
- Skilled Communicator: Demonstrate excellent communication both in written and oral formats.
- Customer Relation Skills: Skilled in providing excellent service to customers, ensuring that sufficient resources are available.
- Business, Office Administration: I have exceptional planning, and organization skills able to successfully manage multiple priorities.
- Performance Oriented
- Business Qualities: Customer-focused and responsive to customer's objectives and needs, quickly solves customers' problems.
- Details Focused: Competent enough to ensure that work is done to a high standard.
- Communication, Interpersonal Skills
- Responsibility: Willing and able to take on responsibility and complete tasks to a high standard.
- Self-motivated: Experience in positively motivating staff, setting and making targets, keeping staff on track, and achieving business objectives.

**References shall available if required.*