

CURRICULUM VITAE

Sonika Bhandari

Mobile: 0426602675

Email: sonibhandari333@gmail.com

Address: 2-4 Russell Street, Strathfield 2135, NSW

Professional Summary

A dedicated and compassionate Registered Nurse with a strong background in Health care, community service, and aged care. Passionate about providing high-quality patient-centered care with a focus on dignity and respect. Highly skilled in working within interdisciplinary teams, mentoring junior staff, and delivering holistic healthcare solutions. Committed to continuous learning and professional development to contribute effectively to the Australian healthcare sector.

Key Skills & Competencies

- Patient-Centered Care and Support
- Clinical Assessment and Documentation
- Medication Administration and Management
- Infection Control and Safety Procedures
- Strong Communication and Interpersonal Skills
- Emergency and Critical Care Response

Academic Qualifications

S.N.	Level	Institution	Passed Year	Grade/percentage	Board
1.	SEE	MahakaviDevkota MA VI Sunwal	2073 B.S. 2017A.D.	3.30GPA	Government of Nepal
2.	Diploma in PCL Nursing.	Devdaha Medical College and Research Institute Pvt. Ltd.	2020 A.D.	79.78%	CTEVT

Certifications & Training

- Registered Nurse (RN) Certification, Nepal Nursing Council

- Certificate IV in ageing support
- First Aid and CPR

Professional Experience

Aged Care Placement (Uniting Banks Lodge, Peakhurst)

- Assisted elderly residents with daily living activities.
- Provided personal care, including hygiene and mobility support.
- Supported emotional well-being and companionship.
- Followed safety and care plans to ensure quality support.

Registered Nurse

Evergreen Hospital Pvt. Ltd. September 2021 – August 2022

- Delivered comprehensive nursing care to patients, ensuring best practice standards.
- Assisted in patient assessment, medication administration, and wound care management.
- Provided emotional and psychological support to patients and their families.

Registered Nurse – Cardiac Unit

Gautam Buddha Community Heart Hospital, Butwal August 2022 – February 2023

- Managed acute and chronic cardiovascular conditions with a focus on patient rehabilitation.
- Collaborated with multidisciplinary teams to develop individualized care plans.
- Educated patients on post-discharge care, lifestyle modifications, and medication adherence.

School Health Nurse

Shree Mahakavi Devkota Model Secondary School December 2023 – October 2024

- Conducted health screenings, first aid, and emergency care for students and staff.
- Developed and implemented health education programs on nutrition, hygiene, and mental health.
- Coordinated vaccination and immunization programs in collaboration with local health services.

Objective

Seeking a rewarding role in aged care where I can utilize my nursing expertise, compassionate nature, and dedication to elderly well-being. Eager to contribute to a supportive healthcare team

and provide high-quality, person-centered care in Australia and also ready to move nearby place where I will get the job.

References

➤ Bishnu Bhattraï

Position: Care Service Employee (Team leader)

Contact: 0452454385

Email: bisbhattraï@uniting.org

➤ Tong li

Position: Registered Nurse

Contact: 0425409106

Email: li@uniting.org