

SONEY MATHEW

Kuwait

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CAREER SUMMARY

A dedicated Health Professional with over 8 years of expertise in Nursing, ICU and team management. Extensive experience in practice areas, medical/surgery and IMCU as well as holistic patient care and patient education. Adept at providing on-hand support for all nursing and doctoral staff. Fully trained on Pleural tapping and pleural aspiration, intubations and extubation, centre line insertion, CVP and arterial line insertion and major dressing. Able to perform numerous procedures without supervision.

Holds a BSc in Nursing and a Diploma in General Nursing and Midwifery. Possesses a proven track record in training nursing students, as well as strengthening future needs and aspirations of healthcare organizations. Resourceful hands-on individual and adaptable, with a positive work ethic, energy and desire to continually build on success.

CORE COMPETENCIES

- Possesses ethical & legal principles of nursing
- Strong medical administration & management
- Effective interpersonal & communication skills with patients, healthcare management & multi-disciplinary teams
- Experienced in medical education & mentoring
- Efficient & timely care to patients on a daily basis
- Analytical, organized & efficient with unique problem-solving capabilities
- Critical thinker with attention to detail

EMPLOYMENT HISTORY

AL SALAM INTERNATIONAL HOSPITAL (Accreditation Canada), Kuwait

Jun 2018 - Present

Registered Nurse - Paediatric Emergency

Key Responsibilities:

- Providing daily care for patients including monitoring of ECG and vital signs, recording medical history and symptoms
- Proficiently operating medical equipment (CBC, CRP machine, Cardiac monitor, PFT Machine)
- Operating neonatal bilirubin machine
- Assisting doctors for Cardiac ECHO
- Efficiently monitoring and administering medication, injections and intravenous infusions
- As required taking samples from patients and monitoring their pulse, temperature and blood pressure
- Observing and monitoring patient response and adaption to treatment
- Consistently following aseptic techniques to prevent cross-infection
- Transferring critical patients to other hospitals via ambulance
- Calmly and efficiently receiving and managing medical emergencies
- Training and guiding the juniors, Nursing Assistants and other auxiliary personnel, ensuring the team is fully aware of procedures and coordinating care of the patients

MEDANTA THE MEDICITY, (Accreditation of JCI & NABH) Delhi, India

Mar 2010 - Jun 2012

Registered Nurse - Gastroenterology & Gastro Surgery Ward

Key Responsibilities:

- Successfully implemented admission and discharge procedures of the patient
- IV cannulation and blood sampling of patients
- Consistently calculated and administered medicines and injections
- Accessed patient status and notified physicians of any clinical changes
- Monitored and maintained patient charts and confidential files
- Educated patients and families on health care needs, conditions, options etc.
- Provided psychological support to assist in minimizing patients' anxiety
- Collaborated with the team in planning care for the patient
- Maintained adequate nutrition
- Colostomy care

FORTIS ESCORTS HOSPITAL, (Accreditation of NABH), New Delhi, India

Jan 2008 - Mar 2009

Registered Nurse - IMCU

Key Responsibilities:

- Effectively and smoothly received and managed medical emergencies
- Performed CPR whenever required
- Monitored ECG and vital signs
- Assisted doctors to carry out various invasive procedures like intubations, extubations, catheter line insertion
- Proficiently operated medical equipment (infusion pump, syringe pump, ventilator)
- Provided care of patients before and after operations
- Educated patients and family regarding management of illnesses
- Provided dead body care

MEDICITI INSTITUTE OF MEDICAL HOSPITAL, Hyderabad, India

Oct 2006 - Sep 2007

Registered Nurse - Surgical Ward, Medical ICU

Key Responsibilities:

- Effectively and smoothly received and managed medical emergencies
- Pre and post-operative care.
- Admission and discharge procedure of the patient.
- Following Aseptic technique to prevent cross infection.
- Giving general nursing care for maintaining personal Hygiene and Infection control
- Maintain good and Healthy interpersonal relationship with all members of the Health team.
- Admission and discharge procedure of the patient.
- Blood transfusion and maintaining fluid and electrolyte balance
- Assess and medicate for pain. Encourage deep-breathing and coughing exercises.

EDUCATION

- BSc. Nursing, Rajiv Gandhi University, Bangalore, India, 2016
- Diploma in General Nursing & Midwifery, Medicity School of Nursing Hyderabad, India, 2006

PROFESSIONAL CERTIFICATIONS

- Nursing Registration, Kerala, India - PBBSC 19445
- Basic Life Support, American Heart Association, Kuwait, 2022-2023
- Pediatric Advanced Life Support (PALS), American Heart Association, Kuwait, 2022-2024
- Gastro-Care Nursing Training Program, Medanta The Medicity, India
- Kuwait Ministry of Health Nursing Licence - 242527524, 2022-2024

MACHINE & EQUIPMENT HANDLED

Ventilator, Defibrillator, CVP, Cardiac monitors, Glucometer, BIPAP Machine, Blood pressure, ECG, Infusion pump, Digital Thermometer, Spiro meter, Syringe pump, Pulse Oxymeter, Nebulizer, Suction Apparatus, ABG machine. CBC, CRP Machine

OTHER

- Proficient in Microsoft Office Applications, HIS (Hospital information system), Prime Care
- Proficient in English, Hindi & Malayalam

Personal Information

Permanent Address	:	Thanikuzhil House Vazhamuttom East post Mallassery, Pathanamthitta Kerala, India, Post code -689646
Date of Birth	:	15/05/1985
Sex	:	Female
Marital Status	:	Married
Nationality	:	India
Languages Known	:	English, Hindi & Malayalam
Passport No	:	N 5917773
Place of Issue	:	Trivandrum
Date of Issue	:	18/01/20016
Date of Expiry	:	17/01/2026
