

# SONA JOLLY

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Personable and compassionate healthcare professional equipped with extensive medical knowledge and patient care skills. Possesses strong proficiency in administering medication and monitoring patient health. Committed to delivering top-notch care and positively impacting patient outcomes.

## Skills

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- Compassionate care
- Clear patient communication
- Patient assessments
- Assisting with mobility, hygiene and nutrition
- Team collaboration

## Education

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**2025-05**

### Master of Nursing

*Institute of Health And Management - Parramatta, Sydney*

**2024-06**

### Bachelor of Science in Nursing

*St. Joseph's College of Nursing - Kothamangalam, Kerala, India*

- Affiliated to: Kerala University of Health Sciences
- Percentage secured: 72.87 % (First Class)

## Work History

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**2024-09 - 2025-05**

### Registered Nurse

*Taluk Head-Quarters Hospital, Kothamangalam, Kerala, India*

- Department/Ward Allocation: **Medical-Surgical Ward**
- Bed Capacity: 173
- Comprehensive nursing assessments to develop individualized care plans.
- Managed medications and arrangements, ensuring proper labelling and handling.
- Administered medications, including oral and IV therapies, as prescribed.
- Conducted IV cannulations and managed blood transfusions safely.
- Maintained professional communication with patients
- Provided wound care, including aseptic dressings, and managed pressure ulcers.

- Inserted nasogastric tubes and managed enteral feeding regimens.
- Prepared patients for surgical procedures and provided post-operative care.
- Educated patients and families on treatment plans, medications, and home care.
- Maintained accurate documentation of patient care and progress notes.

## Volunteer work

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### Carer

St Joseph's Asylum

Retirement Home, Kothamangalam, India.

June 3, 2024 – August 31, 2024

- Provided care and companionship to residents in a long-term care facility.
- Assisted with daily activities including meals, mobility, and recreational programs.
- Maintained strong interpersonal communication skills and supported staff with organizing and implementing wellness routines.
- Developed strong interpersonal and empathy skills through regular engagement with residents.

## Clinical experience (During study period)

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Fundamentals of Nursing & Paediatrics-(1 year)-St. Joseph's Hospital, Kothamangalam, Kerala, India

Medical Surgical Nursing-(3 months)-Rajagiri Hospital, Aluva, Kerala, India

Community Health Nursing-(4 months)-Community Health Centre, Varapetty, Kerala, India

Mental Health Nursing-(3 months)-Joannes Psycho-Medical Centre, Ayiroorpadam, Kerala, India

Obstetrics and Gynaecology-(4 months)-Melepurakkal Hospital, Malappuram, Kerala, India

## Professional Registration

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Kerala Nurses and Midwives Council

Registration No: KL03202402783

## Languages known

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English

 Full Professional

Malayalam

 Native or Bilingual

## Workshops

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- Workshop on Patient safety and leadership conducted by Prof. Ian Peate (OBE FRCN) held at St. Joseph's College of Nursing, Kothamangalam

- Workshop on Teaching Learning Strategies- A Newer Perspective held at St. Joseph's College of Nursing

## Additional Information

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- Certificate III in Ageing and Disability (Enrolled-Expected in June 2025)
- Fully vaccinated against COVID-19
- Flu vaccination up to date
- Willing and ready to undergo National Crime Check
- Available for immediate start

## References

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Name: Mr. Rohit Mittal  
Contact No: +61 0434959442  
Email id: mittalrohit@gmail.com  
Designation: Intern Pharmacist  
Works at: Chemist Warehouse, Erina Fair