

SMRITI GIRI

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PARRAMATA, SYDNEY, NSW

OBJECTIVE

Dedicated and compassionate Registered Nurse with a Bachelor of Nursing degree and four years of hands-on experience as an Assistant in Nursing (AIN) at Twilight Aged Care and two years as a Clinical Care Manager. I am committed to delivering high-quality patient care, promoting well-being, and providing support to families. Seeking to leverage my clinical knowledge, interpersonal skills, and proficiency in nursing practices to contribute positively to a healthcare team and make a meaningful difference in the lives of patients.

EDUCATION

- Bachelor of Nursing, Western Sydney University, (2019-2022),
- Foundation on Bachelor of Nursing Western Sydney University (2018-2022)

EXPERIENCE

Organization: *Twilight Aged Care (Horton House), Feb 2021- Till date*

Position: *Clinical Care Manager*

Job Type: *Permanent part time*

Duties Involved:

- Provide leadership in clinical practice within the aged care setting, ensuring compliance with legislative and professional standards and guidelines.
- Coordinate registered nurse resources and network with stakeholders to achieve care plan goals, focusing on the specific needs of elderly residents.
- Oversee care delivery for elderly consumers with complex health conditions and behavioral issues, addressing the unique challenges of aging.
- Conduct risk assessments for new intake cases and assign clinical assessments to registered nurse resources as needed, ensuring the safety and well-being of elderly residents.
- Offer guidance and supervision to Support at Home advisors for case management, including assessment, planning, implementation, and evaluation of clinical care plans tailored to the aged care environment.
- Implement, monitor, and maintain the Clinical Governance Framework in the context of aged care, ensuring safe, quality clinical care and outcomes for elderly residents.
- Participate in continuous improvement activities, assisting in maintaining a high standard of care within the aged care setting, and consulting with elderly residents, their carers, and representatives for service improvement and innovation.

Organization: *Sydney Local Health District, February 2021- Till date*

Position: *Community Registered Nurse*

Job Type: *Permanent full time.*

Duties Involved:

- Conducted initial assessments of client's needs and implemented ongoing care plans.
- Coordinated, managed, and planned care for clients in alignment with personalized care plans and best clinical practices.
- Demonstrated flexibility in the role by liaising with professionals and home care providers, accepting referrals, organizing schedules, and conducting clinical visits.
- Visited clients in their home settings, providing a range of services, including wound dressing, medication administration, catheter changes, diabetes management, symptom management, cognitive assessments (RUDAS, PAS, MMSE), home care package assessments, and NDIS support.
- Offered clinical nursing advice and support to clients and their families.
- Liaised with treating medical practitioners through phone and email communication.
- Authored comprehensive client reports, adhering to the relevant code of conduct, ethics, and legislation for NSW.
- Prepared initial assessment reports to facilitate the provision of ongoing care, ensuring clinically effective and legally compliant notation.
- Clinically involved in care like wound care, IV therapy, central lines, Catheters, Vaccum dressings.

Organization: *Sir Moses Montefiore aged care.*

Position : *Registered Nurse*

Job Type: *Permanent part timer.*

Duties involved:

- Conduct comprehensive health assessments and develop individualized care plans for residents, including medication management.
- Administer medications, monitor for side effects, and provide wound care and medical procedures as needed.
- Implement fall prevention strategies and maintain a safe environment for residents.
- Oversee residents' nutritional needs and address malnutrition or dehydration concerns.
- Manage and alleviate pain for residents, collaborating with healthcare providers as necessary.
- Provide support for residents with cognitive conditions and address behavioral challenges.
- Maintain open communication with residents' families and provide compassionate end-of-life care.
- Ensure accurate documentation of care, treatments, and observations while complying with regulatory standards.
- Implement infection control protocols to prevent disease spread within the facility.

- Provide education and training to nursing staff and care team members, while acting as an advocate for residents' rights and preferences.

Organization: *Twilight Aged Care (Horton House), June 2018- Feb 2021*

Position: *Assistant in Nursing (AIN) Supervisor*

Job Type: *Permanent part time*

Duties Involved:

- Assisted in the delivery of the following direct care activities as allocated by Registered Nurse:
 - ☐ Residents' individual personal care.
 - ☐ Repositioning, pressure area, and skin care.
 - ☐ Assistance with toileting.
 - ☐ Taking and documenting patient vital observations.
 - ☐ Changing and making up occupied and unoccupied beds.
 - ☐ Reporting all Residents' observations to the appropriate Registered Nurse.
- Always ensured that the safety of the patient, self, other staff, and others was not compromised.
- Demonstrated a commitment to observing infection control procedures in all areas of practice.
- Promoted and maintained a clean, comfortable, and safe environment for residents, staff, and visitors.

Organization: *NSW Health district 2016- May 2018*

Position: *Assistant in Nursing*

Job Type: *Casual*

Duties Involved:

- Observed and reported patient completion and performance of tasks in line with care.
- Monitored patient's physical and psychological status and responses during interactions, reporting changes to the Registered Nurse.
- Prepared rooms for patients, made beds, cleared equipment, and restocked rooms.
- Assisted in collecting accurate healthcare information and maintained health documentation.
- Delivered meals to patient bedsides and collected meal trays.
- Escorted stable patients (excluding Patients with IV or monitoring equipment).
- Transported equipment and pathology specimens.
- Provided discharge assistance to families, including escorting them to their vehicle and collecting wheelchairs and supplies.
- Conducted orientation and tours on patient admission.
- Checked and stored patient formula and food.
- Managed stock, including ordering, reporting, and collection of stores.
- Restocked medication rooms, store rooms, treatment rooms, kitchens, and other areas.

Organization: Care is us disability Services

Position: *Disability Support worked*

Job Type: *Casual*

Duties Involved:

- Provided comprehensive personal care and hygiene support to individuals with disabilities, ensuring their comfort and well-being.
- Assisted clients with mobility challenges, including safe transfers, proper use of mobility aids, and facilitating physical activities to promote independence.
- Managed medication administration and maintained accurate medication records, guaranteeing adherence to prescribed regimens.
- Conducted regular health monitoring and promptly reported any changes in the physical or emotional well-being of clients to the healthcare team.
- Skillfully prepared nutritious meals in line with dietary requirements, accommodating various dietary preferences and restrictions.
- Maintained a clean, organized living environment by efficiently performing household tasks, including cleaning, laundry, and home maintenance.
- Provided emotional and social support, engaging in meaningful interactions and social activities to enhance the overall quality of life for clients.
- Facilitated community engagement by accompanying individuals to appointments, outings, and community activities, promoting their active participation in various aspects of life.
- Supported individuals with communication needs, utilizing alternative communication methods when necessary.
- Assisted in implementing behavior support plans, managing challenging behaviors, and helping clients develop effective coping strategies.
- Worked collaboratively with clients to set and achieve personal goals, enabling them to acquire new skills and reach educational or employment milestones.

SOFTWARE SKILL

Documentation tools: MS Word, Excel, PowerPoint ICare, Ecase, Powerchart EMR, Confluence

SKILL SET

- Hand and hygiene competency.
- First aid competency.
- Infection control
- WHS: safe manual handling
- Wound Care
- Emergency Response
- Medication Administration
- Intravenous (IV) Therapy
- Patient assessment and care planning
- Electronic health records (EHR) proficiency
- Critical thinking and problem-solving

- Team collaboration
- Strong communication skills
- Compassionate patient care

CLINICAL PLACEMENT

- CLINICAL PLACEMENT EXPERIENCE
- Blacktown Hospital (C53 Aged care) RN 2021
- Bankstown Hospital (2C Acute Care) RN 2021
- St. John Of God Hospital Burwood (Mother and Baby unit) RN 2021
- Auburn Hospital (Emergency Department) RN 2021
- Vaccination hub (Sydney Olympic Park) RN 2021
- Bankstown Hospital (Cardiac unit) RN 2021
- Bankstown Hospital (3K) RN 2022
- Auburn Hospital (Operating theatre) RN2022
- Bankstown Hospital (Newborn care) (NICU) RN 2022.

REFERENCE

Provided upon request.