

Shubham Luitel

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PROFILE

Compassionate and dedicating professional seeking a rewarding position in aged care and disability support. Skilled providing personalized care, enhancing quality of life, and fostering independence for clients with diverse needs. I am experienced in managing daily activities administrating meditations, and offering emotional support..

EXPERIENCE

Aged-Care Assistant (24 March 2023- 27 March 2024)

Uniting Locke Heaven Petarsham, Australia

- Help with personal care, such as showering, dressing and toileting.
- Assist with food preparation and provide help with eating.
- Carry out household tasks, such as laundry and shopping.
 - Provide emotional support and help promote mental wellbeing.
- Support with hobbies and physical activities.
 - Recorded Clint status progress and challenge in logbooks and record
- Reported concerns to nurse supervisor promote optimal care.

Disability Support Worker (May2023 - Dec2023)

- Assist an average of 80 patients per month with dressing, grooming and feeding needs, helping them to overcome and adapt to mobility restrictions.
- Work with family, health care providers, therapists and social workers to ensure all the clients emotional and health needs were met , improving 85% of the clients conditions.
- Keep accurate records for client files and handled related paperwork.

QUALIFICATION

- 2024 Advance Diploma in Construction Management, Sunbeam International College, Burwood
- 2023 Certificate III in ageing and support, Australian Community College.
- 2022 Level 12 HSEB Certificate, DAV College Lalitpur Nepal
- 2020 School Leaving Certificate, Brain Land Academy Kathmandu, Nepal

TRAINING

- Working with Children Number: WWC2836097E
- Police check certificate, Nsw
- First aid certificate
- Manual Handling Certificate
- Flu Vaccine on 01/12/2023
- Fully Covid Vaccines
- Basic First Aid and CPR certificate
- Infections Control
- Hand hygiene

Personal Care Experience at placement

- Manage daily activities like clothing, grooming and toileting for residents.
- Assist resident with meals.
- Take and record resident vitals.
- Escort residents to and from activities and doctor appointment. ·

Performed Light housekeeping tasks.

- Perform document for Clint's progress.

Personal Attributes and skills

- Hands on experience in providing short term care and associate association. ·
- Providing confidentially, dignity and privacy to resident always. · Proficient in providing resident with physical and mental stimulation. · Kind-hearted and calm nature.
- Team work skills and demonstrated ability to work collaboratively. · Resourceful problem solver capable of implementing solutions to complex problem.

Personal Details

- **Current Address-** 4/25 Rawson Street Auburn, Nsw 2144
- **Date Of Birth-** 27 July 2004
- **Marital status-** single
- **Language known-** English, Nepali
- **Hobbies/Interest-** Computers, cooking, watching movies.

Achievements

- Highly appreciated my hard work and efforts whatever I had worked ·
- Highly appreciated at my work placement for my quick learning.

Interest

- Working with the community and society
- Aged care
- Basic Computer with administration roles

References

Details of the references can be shared upon request.