

## RESUME

Shruti Subedi Pokharel  
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NSW 2570  
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### Summary

- Assisted with ADL's, helping to feed, bed making, grooming, using equipment's like sling hoist, changing incontinence pads, helping with mobility, records maintenance, handover, Behaviour management, Assisted with medications, Toileting in regular basic.
- Positive and friendly attitude, excellent interpersonal skills, and a team player.
- Always professional and motivated to learn new things and work as a team.
- Strong administrative abilities in bookkeeping, scheduling, and stocktake.
- Good and interactive and willing to train the things I learnt to interns/apprentice.

### Education:

Universal Institute of Education  
Certificate IV in Ageing Support  
Graduated: June 2025

St Leonard's TAFE St Leonard's, NSW, AU  
Certificate III of Hairdressing Salon Management  
Graduated: November 2016

St Leonard's TAFE StLeonards, NSW AU  
Certificate II in Hairdressing  
Graduated: April 2014

## Employment History

April 28 – May 16, 2025:  
Thompson Health Care  
Boronia House  
Placement Completed for Certificate III in individual  
Support.

Nov 14 – Current – Present:  
Colour Room Casula  
Senior Hairdresser

Nov 13 – Nov 14:  
Ramsay Health Care  
Cremorne Clinic  
Housekeeping Attendant

Jan 12 – Nov 15:  
Thompson Health Care  
Mona vale House Nursing Home  
Housekeeping Attendant

Jan 12 – Nov 13:  
David Dry Cleaners  
Mona Vale, NSW AU  
Dry Cleaners

## References

To be provided on Request.