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Summary

I believe as an international student I would bring both passion and knowledge towards the long-term benefit of the company. All I ever wanted was a good company to start off my career, with a perfect learning platform to hone my skills and knowledge. Please take a moment to review my attached resume and credentials. I would greatly appreciate the opportunity to speak with you regarding my candidacy. I can be reached anytime via my email or my phone number above. Thank you for your consideration.

Skills

- Maintained a positive, customer-first attitude.
- Respectful and Compassionate
- Food service attend
- Organized
- Good communication skills
- Customer oriented, troubleshooting all kinds of problems Decision Making that involves in
- Working environment Team work interpersonal skills **Outgoing Fast learner**

- Fluent in english and nepali
- Strong Work Ethic
- Communication and Interpersonal Skills
- Physical Stamina
- Productivity and Time Management
- Adaptable and Flexible

Experience

Dimeo Company | Sydney, NSW Cleaner 06/2022 - Current

AIN Student | Sydney, NSW AIN Age Care 07/2022 - 07/2022

- Kept bathrooms in clean, functional condition by scrubbing stalls, sanitizing sinks and tidying storage shelves in.
- Collected trash from floors within hallways, bathrooms and work areas.
- Vacuumed carpeted areas and mopped solid surfaces with proper chemical solutions.
- Removed trash bags, broke down boxes and placed recyclable materials in designated disposal areas.
- Restocked supplies, replacing toiletries, liners and soaps.
- Handled, labeled and safely stored various hazardous chemicals and solutions to prevent injuries.
- Provided clients with emotional support and companionship.
- Maintained clean and well-organized environment for client happiness and safety.
- Improved patient outlook and daily living through compassionate care.
- Observed patients for changes in physical, emotional, mental or behavioral condition and injuries.
- Worked closely with clinical staff to support therapeutic and behavioral plans.
- Supported bathing, dressing and personal care needs.
- Encouraged residents to participate in activities of daily living to enhance personal dignity.
- Built strong and trusting rapport with clients and loved ones.

Ladder section cook: Chargrill Masters | Perth, WA

Assistant Cook and Front Desk Server 05/2022 - 06/2022

Crinitics | Perth, WA Junior Assistant Chef 03/2022 - 05/2022

- Set up and performed initial prep work for soups, burgers, salads, biryani, shakes etc.
- Grilled and deep fried various foods from meats, mince to potatoes.
- Regulated oven, broiler and roaster operations for cooking at correct temperatures.
- Maximized kitchen speed and efficiency by preparing salads, desserts.
- Kept detailed records of food and supply inventory, ordering more or alerting chefs of deficiencies.
- Decreased food waste by adapting menus to changing seasons and supply availability.
- Portioned food onto plates, added garnishes and sauces and handed off to wait staff for serving.
- Stood in front desk and also as cleaner in kitchen to maintain efficient flow of kitchen.
- Used proper cleaning supplies and methods to disinfect counters where raw meat, poultry, fish and eggs had been prepared.
- Chopped and diced vegetables and fruits to stock fridge ahead of busy periods.
- Plated dishes using tasty garnishes and sauces to appeal to and delight patrons.
- Maintained orderly kitchen environment to reduce wasted time searching for ingredients, utensils and items.
- Supervised kitchen staff of individuals, delivering on-the-fly training and mentoring to improve skills.

Education and Training

Melbourne Institute of Technology | Sydney Master of Science Expected in 2024

IslingtonCollege, United Academy | Nepal Bachelors of Networking and IT in Security 2021

References

Reference: Kamal Oli Cook in Zara Café Cook in Suncare Sawan Sharma 0450875895 Manager at Chargrill Masters Rajan Khatiwada 0420498555 rkhatiwada@aussieglobeacademy.com.au Placement Coordinator Maya Dolma 0436397036 sydney.aus.456@gmail.com Divya Shrestha 0434582010 (RN) divshrestha208@gmail.com

Additional Information

• Placement for Age Care Certificate IV in MeadowBank Grove Care Community