

Shriiaa Rawat

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Profile

As a self-motivated and well-organized individual, I have built my career in the health and aged care industry, bringing over six years of diverse experience both locally and interstate. My background spans aged care and the hospitality industry. I am now seeking a position within an organization where I can apply my knowledge and experience, with a particular interest in expanding my career into the disability and community service sectors. Given the opportunity, I am confident in my ability to effectively contribute to the organization's goals through the best use of my skills.

Experiences:

Assistant in Nursing (AIN)

Feb 2021 – Current

Ashfield Baptist Home – Full time (27/31 Clissold St, Ashfield, NSW-2131)

Software used:

icare

Key Duties and Responsibilities:

- Preparing residents for showers, bed washes, and breakfast.
- Assisting residents with oral hygiene, hair care, and nail care.
- Observing basic skin integrity and reporting skin conditions to the RN.
- Assisting residents in transferring from bed to chair and changing positions in bed.
- Performing proper manual handling and transferring of residents.
- Assisting residents with toileting and meal assistance.
- Preparing meals, feeding residents, and ensuring safe positioning for receiving meals.
- Maintaining the confidentiality, privacy, and dignity of residents.
- Documenting residents' behaviour, including incidents of incontinence.

Assistant in Nursing (AIN)

Nov 2020 – March 2021

Opal Meadowbank Grove Care - Casual (8 Sherbrooke Rd, West Ryde, NSW - 2114)

Software used:

icare

Key Duties and Responsibilities:

- Assisting the Registered Nurse with designing, implementing, and evaluating a range of diversional therapy programs to assist with daily living.
- Providing companionship to residents to improve their social, cognitive, and psychological skills.
- Assisting residents with their daily activities, including showering, toileting, grooming, and feeding.
- Observing basic skin integrity and reporting skin conditions to the RN.
- Assisting residents in transferring from bed to chair and changing positions in bed.

- Performing manual handling and transferring of residents in a proper and effective manner.
- Maintaining the confidentiality, privacy, and dignity of residents.
- Ensuring safety awareness and reporting unsafe issues and potential workplace hazards to the RN.
- Implementing infection control standards in all work undertaken.
- Documenting residents' daily activities.
- Attending staff meetings and contributing ideas for the improvement of the facility.

Extended Care Assistant (ECA)

June 2018- Oct 2020

Queen Victoria Nursing Home - Casual (13 Milford St, Lindisfarne TAS 7015)

Software used:

icare

Key Duties and Responsibilities:

- Assisting the Registered Nurse with designing, implementing, and evaluating a range of diversional therapy programs to assist with daily living.
- Providing companionship to residents to improve their social, cognitive, and psychological skills.
- Assisting residents with their daily activities, including showering, toileting, grooming, and feeding.
- Observing basic skin integrity and reporting skin conditions to the RN.
- Assisting residents in transferring from bed to chair and changing positions in bed.
- Performing manual handling and transferring of residents in a proper and effective manner.
- Maintaining the confidentiality, privacy, and dignity of residents.
- Ensuring safety awareness and reporting unsafe issues and potential workplace hazards to the RN.
- Implementing infection control standards in all work undertaken.
- Documenting residents' daily activities.
- Attending staff meetings and contributing ideas for the improvement of the facility.

Qualifications

December 2020	NDIS WORKER ORIENTATION MODULE
November 2015	CERTIFICATE III IN AGED CARE <i>Global Educational Institute, Sydney (www.geicollege.com.au)</i>
2010 – 2013	BACHELOR IN HOSPITALITY MANAGEMENT <i>Tribhuvan University, Kathmandu, Nepal (www.tribhuvan-university.edu.np)</i>
2008 - 2010	ADVANCE DIPLOMA IN HOSPITALITY MANAGEMENT <i>Sai Global Academy, Bhairahawa, Nepal</i>

Computer Skills

Expert: Microsoft Office Word | Excel | Outlook | PowerPoint | Keen to learn and update

Reference

Available upon request.