

Shira Fox

Individual Support Aged Care



Career Overview

I hold experience in supporting the elderly and disabled. I have worked in aged care for 9 years. As a professional artist I demonstrate creativity in my approach to support work. Has experience in providing vital services including personal care, meal preparation and organising/engaging social activities.

Work Experience

Full-Time Artist

2020 - present

Volunteer Montefiore Homes,
Randwick Sydney

2018 - 2020

Personal Aged Carer
Laurens, The Netherlands

2008 - 2015

Part-Time Artist

2006 - 2020

About Me

I am an empathetic individual, I have cared for elderly family members as well as in a professional capacity. I believe in helping someone boost their independence and social connections while receiving compassionate support. I am also a practicing artist and have a very creative mindset. I love helping people in every possible way.

Education

Certificate III Individual
Support (Ageing, Home &
Community

2018 TAFE NSW, Randwick, Sydney

Individual Care

**2011 Albeda College, Rotterdam,
The Netherlands**

Bachelor of Fine Arts

**2006 Willem de Kooning
Rotterdam, The Netherlands**

Newtown Highschool of
Performing Arts

**1998 Higher School
Certificate**

References

Arlene Latham

Volunteer Co-ordinator
Randwick Montefiore
Homes
Contact: +61 834 592 54

Tanya Pisk

Friend
Contact: 0412 829 932

Anna Seymour

Art Manager
Contact: 0427 036 789

Skills

- Patience
- Ability to work in team environments
- Clear communicator
- Understanding & compassionate
- Reliable
- Flexible
- Organised
- Ability to manage time efficiently

