

Mercy Chebet.

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PERSONAL PROFILE

I am highly qualified and compassionate skilled support worker with a proven track record in providing exceptional care and support to individuals in Aged Care and Disability sector. My Experience in working in residential facility care has given me passion for supporting people live and improve their quality of Life. Am friendly, patient and a great communicator. I am experienced in various aspects of disability care provision from general duties to complex ones, I am a team player keen to offer quality support and care. Working as a support worker has derived great satisfaction in understanding their needs and in assisting participants to attain independence, choice, and control.

I have experience in supporting participants with challenging behaviors, forensic participants and participants living with dementia.

OBJECTIVE.

To be an excellent caregiver, to obtain a position where I can utilize my knowledge and skills to provide quality care for the clients in a respectful manner. To provide support and services to the clients in a manner that upholds their independence and individualism. To work with a team that upholds and respects quality care-giving value.

PROFESSIONAL SKILLS

- Highly efficient in running errands for clients, such as assisting them in paying bills and performing grocery shopping
- Deep familiarity with performing light housekeeping work, including dusting, cleaning.
- Ability to work efficiently without supervision.

- Excellent leadership as well as team playing skills
- Excellent communication and active listening skills to establish trust and rapport.
- Empathy and sensitivity to the needs of the elderly.
- Knowledge of aged care regulations and guidelines.
- Strong problem- solving and decision- making abilities.
- Ability to work independently and as part of a team.
- Time management and organizational skills.
- Compassionate
- Computer skills.

EXPERIENCES.

1. LIFE WITH PURPOSE HOME CARE.

- Supporting clients with personal care and domestic duties, and general house cleanings.
- Assisting clients with their meal preparing healthy meals according to meal management plans.
- Working with clients with different disabilities such as mental health, autism, and intellectual disabilities by displaying challenging behaviors.
- Running errands for clients such as shopping and organizing recreational activities such as swimming and bowling.
- General bus run activities- driving clients to and from day support programs and various recreational and environment activities.
- Support with making clients appointments as well as supporting them to appointments such as doctors, allied health, and to meetings such as NDIS meetings.
- Administration of medication.
- General key working duties and administrative duties.

2. CONNEXSON AGENCY (New Horizon company Condell Park)

1.Supporting Clients in accessing the community i.e., shops, parks, national parks, museums.

2.Supporting clients with creative activities which includes:

- Art- Visual mediums of painting and drawing as well as more traditional crafts such as felting, ceramics, puppetry, sculpture collage and jewelry making.
- Multimedia- Supporting clients to participate in photography, filmmaking, sound- art and a radio program.
- Performing- supporting and encouraging clients in performing in a group of programs covering music, dance, singing, movement and acting.
- Woodwork- design and construction with various projects.

3. Supporting clients in developing skills in money handling, budgeting, purchasing and saving plans.

4. Provide clients with the opportunity to develop their general reading, writing, and math skills.

3.SOUTHERN CROSS COMMUNITY CARE

Providing **personal care** services to frail elderly people and those with level of dementia who need care in a residential aged care facility.

Assisting residents with their day to day living, such as showers, meals, personal grooming, and emotional support.

Promote and maintain the maximum level of independence of each resident

Assist aged people to meet the daily living needs including nourishment, personal hygiene and other support within the plan of care.

Provide a high standard of direct support in the areas of physical, emotional, behaviors, social support and personal care.

Support all individuals with intellectual disability to achieve their personal goals including working towards independence, choice and decision making.

Under direction and supervision from the support Leader and coordinator implement appropriate plans and procedures aimed at improving individual's quality of life.

4. ASSISTANT NURSE- PULSE STAFFING

- Assisting residents with personal care such as bathing, dressing and toileting when necessary and changing nappies.
- Responding immediately to calls from residents for any assistance and alerting medical staff to pending emergency situations.
- Ensure all residents to get exercise and participate in scheduled activities.
- Engage in housekeeping tasks such as replacing linens on beds, cleaning patient's rooms and removing and replacing trash bags.
- Work with dining room personnel to ensure that all residents get the correct meals and that all residents get the correct meals and that all residents are able to eat and feed those who cannot eat on their own.

5. AGED CARE WORKER/ ASSISTANT NURSE- OPAL BANKSTOWN.

- Assisting residents with performing basic tasks such as eating, dressing and toileting when necessary.
- Responding immediately to calls from residents for any assistance and alerting medical staff to pending emergency situations.
- Ensure all residents get exercise and participate in scheduled activities.
- Engage in housekeeping tasks such as replacing linens on beds, cleaning patient's rooms and removing and replacing trash bags.
- Work with dining room personnel to ensure that all residents get the correct meals and that all residents get the correct meals and that all residents can eat and feed those who cannot eat by their own.

6. SUPPORT WORKER | Eldoret Aging Home, Kenya.

- Assist residents with personal care, help them with meals, provide social support, administer medication when required.
- Aged Care Worker | Edda's hope foundation, Kenya | October 2015- May 2016
- Manage daily activities like clothing, grooming and toileting for residents.
- Escort residents to and from activities and doctors' appointments, assist residents with meals, Carry out nursing care plans in accordance with the doctor's instructions, Administer medication when required, Take and record residents' vitals.

EDUCATION AND TRAINING.

- ✓ Diploma in Community services
- ✓ Assist Clients with Medication.
- ✓ First Aid and CPR Certification.
- ✓ NDIS Worker Screening Check
- ✓ Working with Children Check.
- ✓ NDIS Workers Orientation Module Certificate
- ✓ Certificate in Computer Application
- ✓ National police Clearance Certificate.

REFEREES

Available upon request.