# SHANTI POUDEL

# CONTACT



shantip@gmail.com

Hurstville, NSW 2220

## SKILLS

- Patient care
- Direct patient care
- Vital signs monitoring
- Vital sign monitoring

# LANGUAGES

• English Fluent

## PROFESSIONAL SUMMARY

Dedicated Nursing Assistant with experience at Thompson Aged Care, excelling in patient care and building trusting relationships. Proficient in vital signs monitoring, I ensured residents' well-being while fostering a supportive environment. Proven ability to collaborate with healthcare professionals to enhance care strategies, resulting in improved resident satisfaction.

# EXPERIENCE

#### March 2024 - June 2024

## **Nursing Assistant**

#### Thompson Aged Care

- Provided individual personalized care and assistance to elderly residents, ensuring their physical and emotional well-being
- Assisted with daily tasks such as showering, grooming, dressing, feeding, and moving residents as needed
- Recording the food, bowl, behavioural, and medicine charts
- Prepared nutritious meals and snacks, considering the residents' dietary needs and preferences
- Managed waste and maintained cleanliness within the facility, ensuring a hygienic and safe environment
- Empathetic and building trusting relationships with residents, fostering a comfortable and supportive environment
- Worked alongside co-workers, healthcare professionals, and families to create and execute personalized care strategies for each resident

#### August 2023 - Present

## **Customer Service**

Harris Farm Market, Mosman

- Provided exceptional customer service by assisting shoppers with product inquiries, locating items, and offering recommendations resulting in customer satisfaction and loyalty
- Demonstrated a deep understanding of the store's product offerings, effectively promoting and selling items to meet or exceed sales targets
- Ensured a clean and organized shopping environment by consistently restocking shelves, arranging merchandise, and maintaining the overall visual appeal of the store
- Managed cash registers and accurately processed customer transactions, showcasing strong numerical skills and attention to detail
- Adhered to established safety and hygiene protocols, ensuring a safe shopping environment for customers and colleagues alike

#### **EDUCATION**

**Certificate IV** Ageing and Support

**Bachelor of Business Studies** New Life College

**Master of professional Accounting** Kings own institute , Sydney

#### REFERENCES

Kim Le — Thompson Aged Care Registered Nurse 0468354685

Ranjita Chaudhary — Hardi Aged Care Assistant in Nursing 0420435657

Varun Trivedi — Harris Farm Market Manager 0430639946

#### AVAILABILITY

Part-Time/Casual, Any Days/Anytime, Immediately

#### PERSONALITY TRAITS

Excellent Communication & Interpersonal SkillsSelf-directed and work focused.Good cleaning service skills and excellent time management skillsClear spoken and written EnglishAbility to work under pressure and quick learner, Courteous, respectful, honest and reliable person.Excellent and polite conversation with supervisor teammates and customer.Great flexibility in working hour to suit the situations.Good in tackling with customers and ensure their satisfaction.