

# Sepideh Kakavand

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Compassionate and hardworking Assistant in Nursing (AIN) with over 10 years of experience in aged care and nursing. Passionate about providing high-quality patient care, ensuring comfort, dignity, and well-being while supporting individuals with disabilities and mental health needs. Trustworthy, reliable, and skilled in working collaboratively within a healthcare team, offering assistance with daily tasks, appointments, and companionship with knowledge in pathology collection.

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## PROFESSIONAL EXPERIENCE

**Assistant in Nursing- St Elizabeth Nursing Home, Dean Park** **01/2009 - 08/2022**

**Assistant in Nursing- St Simeon Village & Health Care** **06/2009 - CURRENT**

- Providing personal care for residents
- Assist in daily activities (showering, feeding)
- Contribute information to resident assessment
- Maintain confidentiality of the residents
- Communicate effectively with residents
- Occupational health and safety
- Practise work hygiene and PPE
- Use medication appropriately for residents

**Personal Disability Support care worker- Living my way NDIS** **01/2016- CURRENT**

- Support care worker for paraplegic patient
- Run shopping errands
- cook/clean/ maintain house
- Help with pets
- Help with patient needs (putting patient into bed)
- Accompanying patient with any needs; changing patients catheter

**Personal Support Care Worker- Talent NDIS** **07/2022-10/2022**

- Support care worker for paraplegic patient
  - Run shopping errands
  - cook/clean/ maintain house
  - Help with pets
  - Help with patient needs (putting patient into bed)
  - Accompanying patient with any needs; changing patients catheter
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## EDUCATION- QUALIFICATIONS

**Certificate III in Aged Care- Success Fast Track Institution (2009)**

- Providing personal care, assisting residents with daily activities, maintaining dignity, confidentiality and ensuring occupational health and safety compliance

**Dementia Support- Wollongong College Australia (17/01/2010)**

- specialised training in dementia care, including communication strategies, personal care and crisis management

**Understanding Dementia- University of Tasmania, Wicking Dementia Research Centre (11/2015)**

- online course focused on dementia care, tailored support and intervention strategies

**Certificate IV in Aged Care- *Industry Education and Training Services (22/04/2016)***

- Advanced skills in client advocacy, risk management, medication assistance, falls prevention and cultural competency

**Certificate IV in Aged Care (Ageing Support)- *St Elizabeth Home care (19/09/2016)***

**Certificate III in Pathology Collection- *LTT Australian Qualification Framework (25/06/2021)***

- Trained in Venous blood collection, pathology specimen handling, first aid, infection control and WHS compliance
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**LANGUAGES**

Full spoken and written proficiency in English and Persian