

Sepideh Kakavand

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Address: 1/130 Walker Street Quakers Hill 2763

Compassionate and hardworking Assistant in Nursing (AIN) with over 10 years of experience in aged care and nursing. Passionate about providing high-quality patient care, ensuring comfort, dignity, and well-being while supporting individuals with disabilities and mental health needs. Trustworthy, reliable, and skilled in working collaboratively within a healthcare team, offering assistance with daily tasks, appointments, and companionship with knowledge in pathology collection.

PROFESSIONAL EXPERIENCE

Assistant in Nursing- *St Elizabeth Nursing Home, Dean Park*

01/2009 - 08/2022

Assistant in Nursing- *St Simeon Village & Health Care*

06/2009 - CURRENT

- Providing personal care for residents
- Assist in daily activities (showering, feeding)
- Contribute information to resident assessment
- Maintain confidentiality of the residents
- Communicate effectively with residents
- Occupational health and safety
- Practise work hygiene and PPE
- Use medication appropriately for residents

Personal Disability Support care worker- *Living my way NDIS*

01/2016- CURRENT

- Support care worker for paraplegic patient
- Run shopping errands
- cook/clean/ maintain house
- Help with pets
- Help with patient needs (putting patient into bed)
- Accompanying patient with any needs; changing patients catheter

Personal Support Care Worker- *Talent NDIS*

07/2022-10/2022

- Support care worker for paraplegic patient
 - Run shopping errands
 - cook/clean/ maintain house
 - Help with pets
 - Help with patient needs (putting patient into bed)
 - Accompanying patient with any needs; changing patients catheter
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EDUCATION- QUALIFICATIONS

Certificate III in Aged Care- *Success Fast Track Institution (2009)*

- Providing personal care, assisting residents with daily activities, maintaining dignity, confidentiality and ensuring occupational health and safety compliance

Dementia Support- *Wollongong College Australia (17/01/2010)*

- specialised training in dementia care, including communication strategies, personal care and crisis management

Understanding Dementia- *University of Tasmania, Wicking Dementia Research Centre (11/2015)*

- online course focused on dementia care, tailored support and intervention strategies

Certificate IV in Aged Care- *Industry Education and Training Services (22/04/2016)*

- Advanced skills in client advocacy, risk management, medication assistance, falls prevention and cultural competency

Certificate IV in Aged Care (Ageing Support)- *St Elizabeth Home care (19/09/2016)*

Certificate III in Pathology Collection- *LTT Australian Qualification Framework (25/06/2021)*

- Trained in Venous blood collection, pathology specimen handling, first aid, infection control and WHS compliance

LANGUAGES

Full spoken and written proficiency in English and Persian