

# Saujanya subedi

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## WORKING EXPERIENCE

- Working as Medicator/AIN in Opal Healthcare in Monavale (March 2023-Present)
- Completed Clinical Placement as AIN student with proper documentation in Thomson Healthcare

## ATTRIBUTES

- Possess strong organizational skills
- Have a collaborative and team-oriented approach
- Strong customer service focus and ability to priorities
- Knowledge of medical terminology and infection control standards
- Have awareness of WHS, fire regulations and manual handling procedures
- Creativity & Optimistic Analytical & logical thinking
- Excellent interpersonal and communication skills
- Patience, energetic and calm under-pressure.
- Strong willing power and effective communication
- Teamwork, positive attitude, reliable and ethical

## Key Learnings [Certificate IV in Ageing Support]

Working in Opal Healthcare

- To assist client with medication
- To administer and monitor medications
- To establish rapport with families, staff and volunteers and facilitates communication between
- To protect the rights of residents and ensures care provided maintains resident's dignity
- To respect the confidentiality of residents as well as other team members
- To have an understanding and commitment to Continuous Quality Improvement
- To attend the personal needs of the resident including all activities of daily living, social
- To provide opportunities for residents to participate in meaningful activities
- To support resident's choice/decision making
- To provide domestic services in the residential facility including food handling, laundry, cleaning
- To report and document any changes in resident's health and well-being
- To maintain hygiene/safety practices in accompanying caring tasks
- To demonstrate an ability to complete appropriate Incident/Hazard Reports
- To have awareness of practices and maintains a safe environment including Fire Safety,
- To maintain the workplace equipment and environment
- To recognize health and environmental hazards and reports damages, faults and problems
- To fulfill duties as allocated and prepared to alter routines to meet the changing needs of the residents
- To maintain appropriate hand-washing techniques
- To follow correct Manual Handling Procedures

## **EDUCATION**

Universal Business School  
**(Bachelor's in accounting)**

## **TRAININGS:**

- Manual Handling
- Infection Control and hand hygiene
- First Aid Training
- Incidents/accidents/hazards management training
- WHS training
- Elder abuse training
- Dementia carer training
- Medication administration training

## **CERTIFICATIONS:**

- NSW Police check
- Certificate IV in Ageing Support
- 'Quality, Safety and You' - NDIS Worker Orientation Module
- First/AID and CPR
- Manual Handling

## **REFERENCE**

**Beena Khatri (RN)**  
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**Stella Hernandez (RN, opalhealthcare)**  
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