

Saujanya subedi

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OBJECTIVE

My name is Saujanya Subedi and I believe that I would be a great asset to you and your company. As an employee I can offer and bring a variety of different skills that are expected and valued within the work environment. I'm a hardworking, reliable, dedicated and confident person that will always work to achieve the best possible outcome and perform any task to the best of my abilities. I'm enthusiastic about learning new skills and getting the chance to bring a good work ethic, enthusiasm, commitment and devotion to your organization. I believe that through your company I will have the opportunity to further develop my knowledge, and through that help ensure your company's success and benefiting you as an employer. As a part of a team or individual I know I can further continue developing my skills, by reflecting through my previous employment as referred to in the work experience section below and my future goals set under your employment.

Key Learnings [Certificate IV in Ageing Support]

- To establish rapport with families, staff and volunteers and facilitates communication between
- To protect the rights of residents and ensures care provided maintains resident's dignity
- To respect the confidentiality of residents as well as other team members
- To have an understanding and commitment to Continuous Quality Improvement
- To attend the personal needs of the resident including all activities of daily living, social
- To provide opportunities for residents to participate in meaningful activities
- To support resident's choice/decision making
- To provide domestic services in the residential facility including food handling, laundry, cleaning
- To report and document any changes in resident's health and well-being
- To maintain hygiene/safety practices in accompanying caring tasks
- To demonstrate an ability to complete appropriate Incident/Hazard Reports
- To have awareness of practices and maintains a safe environment including Fire Safety,
- To maintain the workplace equipment and environment

- To recognize health and environmental hazards and reports damages, faults and problems
- To fulfill duties as allocated and prepared to alter routines to meet the changing needs of the residents
- To maintain appropriate hand-washing techniques
- To follow correct Manual Handling Procedures

TRAININGS:

- Manual Handling
- Infection Control and hand hygiene
- First Aid Training
- Incidents/accidents/hazards management training
- WHS training
- Elder abuse training
- Dementia carer training

EDUCATION

Universal Business School

Bachelor's in accounting

December 2021

International Institute of Education and Training

Certificate IV in Ageing Support

Present

CERTIFICATIONS:

- NSW Police check
- 'Quality, Safety and You' - NDIS Worker Orientation Module
- First/AID and CPR
- Manual Handling

EXPERIENCE

Postcard From Napoli- Oatley (cook)

March 2020 – December 2020

- Managing the kitchen and health & safety requirements
- Help developing new dishes in the menu
- Keep cool room area organized and clean
- Keeping work areas and cooking utensils clean and sanitized
- Ensuring standards of food preparation, and food presentation
- Orderings for bookings of functions

Cottage Point Inn (Chef)

June 2021 – Present

- Responsible for grill and garnish section
- Prepare meats and seafood for service
- Keep storage clean and organized
- Keeping work areas and cooking utensils clean and sanitized
- Ensuring dishes are consistent and well presented
- Ensuring correct orderings for bookings of conferences and functions
- Working on Grill, Larder, Pasta and Pass Section.
- Preps/portion Fish, Meats, and Poultry
- Ordering and organizing storage
- Ensuring consistency of all dishes

REFERENCE

Dino (Postcard From Napoli)

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Note: I am planning to do placement in march and it will be great if I could do placement in your organization.