

# Saritha Vijayan

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## Summary

With my five years of dedicated experience in the field, I have become a seasoned registered nurse who's committed to providing exceptional patient care. My journey has equipped me with a deep understanding of medical procedures, effective communication skills, and a passion for making a positive impact on the lives of those I serve. I take pride in being able to help patients feel comfortable and confident in their care, and I'm always looking for ways to improve their experience.

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## Career history

### **Registered Nurse** at Muli Regional Hospital

Feb 2020 - Mar 2022 (2 years 2 months)

Working as a registered nurse in casualty, ICU, medical surgical ward and labor room

- Admission procedures in ICU and Ward
- Capable of maintaining infection control measures
- Pre and post operative cares.
- Application of dressing, back care, sponge bath and mouth care, etc.
- Health education and preparation of patients for discharge
- Efficient in handling all the medical and surgical equipment's with sterile technique

### **Staff Nurse** at ADK Hospital

Mar 2017 - Sep 2019 (2 years 7 months)

for critical cases with variety of medical, surgical, cardiac, paediatric, and neurological conditions.

- Delivered age-appropriate medical care for adult, adolescent, and geriatric ICU patients.
- Handling equipment like Cardiac monitor, Ventilator, Defibrillator, Syringe pump, Infusion pump, Electrocardiogram, Laryngoscope, Nasogastric tube
- Recorded patients' medical status and treatment details in electronic charts to accurately document medical care

**Staff Nurse** at P.G MEDICAL TRUST HOSPITAL NILAMBUR,  
KERALA, INDIA

Mar 2013 - Mar 2014 (1 year 1 month)

Worked as a Staff nurse in ICU(C)

- Administration of oral medicines and injections, inserting intravenous cannula, insertion of nasogastric tube
- Administration of O2 and intravenous fluids, blood transfusion, checking vital signs, catheterization, collecting specimens, cardiopulmonary resuscitation, cardiac monitoring ECG recording, prepare the patient for emergency operations, Tracheostomy care.

**Staff Nurse** at HARILAL JECHAND DOSHI SARVAJANIK  
HOSPITAL AND MEDICAL RESEARCH CENTRE,  
RAJKOT,INDIA

Nov 2009 - Oct 2010 (1 year)

NURSING DUTIES IN ICU:

Administration of oral medicines and injections, inserting intravenous cannula, insertion of nasogastric tube, administration of O2 and intravenous fluids, blood transfusion, checking vital signs, catechization, collecting specimens, cardiopulmonary resuscitation, cardiac monitoring, Wound dressing care ECG recording, Eye irrigation, prepare the patient for emergency operations, Tracheostomy care.

CARE OF PATIENTS WITH FOLLOWING CONDITION:

Road accident, Poisoning, Post-operative, Head injury, Cerebro vascular accidents, Shock, Respiratory problems like Asthma, ARDS, meningitis, burns, operative complications.

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**Skills**

Nursing, Intensive Care Unit, Casualty Care, Emergency Care, Nursing Assistance, Patient Care, Microsoft Office, Communication Skills

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**Languages**

English, Hindi, Malayalam

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## Education

**Bachelor of Science (International Nursing)** from RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE  
KARNATAKA,INDIA  
Finished 2009

**Completed High School (Year 12)** from Board of Higher Secondary Examination, Government of Kerala, India  
Finished 2005

## Licences & certifications

**ANMAC assessed Personal Care Assistant (423313)**  
Issued by The Australian Nursing & Midwifery Accreditation Council (ANMAC)

Sep 2023 - Sep 2025

The Australian Nursing & Midwifery Accreditation Council (ANMAC) has been assessed as suitable for migration for the nominated occupation of 423313 Personal Care Assistant.

The qualification/s have been recognised by ANMAC as being at least an Australian Qualifications Framework Certificate III or equivalent or higher-level qualification.

### **CARING FOR OLDER PEOPLE: A PARTNERSHIP MODEL DEAKIN UNIVERSITY**

Issued by Deakin University through Future Learn Online platform.

Jun 2023 - Current

This online course introduced the partnership model and provided practical tools and strategies for creating care plans. The aim of the partnership model is to ensure that healthcare services are more responsive to the needs and preferences of older people within various care settings. [futurelearn.com/certificates/ayugi0f](https://futurelearn.com/certificates/ayugi0f)

### **IELTS Certificate**

Jun 2023 - Jun 2025

Overall score 6.5 (CEFR Level B2)

listening: 7.5

Reading: 6.0

Writing: 6.0

Speaking: 6.5

### **Advanced Cardiovascular Life Support Certificate**

Issued by American Heart Association

Aug 2023 - Aug 2025

Successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association

Advanced Cardiovascular Life Support (ACLS) Program

**Provide Basic Emergency Life Support Certificate**

Issued by American Heart Association

Aug 2023 - Aug 2025

Successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Basic Life Support (CPR and AED) Program

**Drivers Licence**

Issued by Indian Union Driving Licence Issued by State of Kerala

Apr 2023 - Apr 2033

**English Language Proficiency Statement**

Issued by Ecctis The UK Visa and Nationality Service

Nov 2022 - Current

English Language Proficiency CEFR level C1