

Sarita Khanal

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CASULA, NSW 2170

PROFESSIONAL SUMMARY

Compassionate Certified Nursing Assistant, performs basic restorative and nursing services directed at patient safety, comfort and personal hygiene within authorized scope of practice. Delivers direct care to patients as directed by RN in charge. Maintains patient comfort and safety by following departmental policies and procedures safety, environmental and infection control standards.

SKILLS

- Patient care - General housekeeping ability& everyday person-centered care
- Grooming and bathing aid
- ADL charts and documentation
- Supervision receptiveness - calm and level-headed under stress
- Healthcare competencies- quick problem solver
- Performing patients' intake.

EXPERIENCE

#Assistant in Nursing

Southaven Nursing Home, Infinite care, Padstow heights, (2018- Current)

- Learned and showed proper technique for helping patients in walking with or without help devices
- Measured and recorded food and fluid intake and output
- Assisted patients with their daily living activities like bathing, grooming and oral hygiene to promote healthy habits and overall wellness
- Supported correct, prompt flow of information by completing through patient records and updating healthcare team on patient status.

concept care

Support worker for Disability, Aged care& Mental Health

Served nearby south Sydney suburbs. 2020 March-2021 January

- Preparing and cooking meals.
- Transporting to appointments, social outings or running errands.
- Administering medications.
- Providing companionship.
- Bathing and dressing.
- Tidying and cleaning.
- Communicating with clients and their families about their care and support needs. • Helping with mobility in and around the home.

EDUCATON

- Certificate III in individual support Ageing,
- *Understanding of Dementia