

# Saphiya Siluvayyan

Registered Nurse

## Details

Phone +91 95396 59931

Email

saphiyathomas@gmail.com Address

Trivandrum , India 695501

## Education

#### Bachelor of Science

Anathapuri College of Nursing - Trivandrum, India Kerala University Nov 2018

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Leo XIII H.S.S Pulluvila - Trivandrum, India KHSE Mar 2014

# **Profile Summary**

As a highly skilled and compassionate Nurse with 3 years of experience in various healthcare settings, I have developed a strong foundation in providing exceptional patient care. My expertise in administering medication, monitoring vital signs, and managing patient records has enabled me to effectively collaborate with interdisciplinary teams to ensure optimal patient outcomes. I possess excellent communication and interpersonal skills, which have allowed me to establish strong relationships with patients, families, and colleagues. I am committed to continuous learning and professional development, and I am dedicated to providing the highest level of care to my patients.

### Skills

- Competent in working collaboratively with interdisciplinary healthcare teams.
- Knowledgeable in ethical and legal issues related to healthcare
- · Skilled in managing and preventing complications related to chronic illnesses
- · Proficient in wound care and dressing changes
- Knowledgeable in infection control protocols and procedures
- Experienced in responding to emergency situations and providing critical care
- Proficient in using electronic medical records systems
- Knowledgeable in managing and coordinating patient care plans

## **Employment History**

### O Health Care Assistant

V2 Care I Gloucester, United Kingdom

Jun 2022 - Dec 2022

- Assisting patients with personal care tasks such as bathing, dressing, and grooming
- Documenting patient care activities and reporting any concerns or issues to medical staff
- · Assisting with meal preparation and feeding patients as needed
- Assisting with mobility and transferring patients to and from beds, wheelchairs, and other equipment
- · Administering medications and treatments as directed by medical staff

### Registered Nurse

P.R.S HOSPITAL | Trivandrum , India

Mar 2019 - Jan 2022

- Collaborate with interdisciplinary healthcare team to develop and implement
  patient care plans
- · Administer medications and treatments as prescribed by physicians
- Educate patients and their families on healthcare management and disease
   prevention
- · Document patient care and progress in electronic medical records
- · Respond to medical emergencies and provide immediate care
- · Participate in ongoing professional development and training opportunities.
- · Assess and monitor patients' health status and vital signs

## Reference

Rosamma Moncy Chacko

P.R.S Hospital, Nursing Superintendent srosamma381@gmail.com

Ajimon Edakkara

V2 CARE, General Manager contact@v2care.co.uk