

SANJEETA SHRESTHA K C

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OBJECTIVE

A self-motivated, enthusiastic Nursing Assistance who can accomplish all assigned responsibilities with minimal supervision. A compassionate Nursing assistance who has extensive knowledge of nursing and aged care. As a truly professional who offers highest level of comfort and care to my patients by maintaining privacy and dignity.

CAPABILITY

Excellent teamwork, good communication skill, good computer skill and team player.

EDUCATION AND CREDENTIALS:

Certificate IV in Ageing Support

2018

Care Education, Parramatta,, NSW, Australia

Certificate III in Disability

2012

Australian Nursing and Training Services, Sydney, Australia

Certificate of Competency in Nursing Assistant – Health Care Assistant

2011

Australian Nursing and Training Services, Sydney, Australia

Bachelor in Business Studies, Kathmandu, Nepal

2010

Grade 12 in Management and Science, Kathmandu, Nepal

2006

Vocational Training

During my certificate course, I had undergone different kinds of nursing training such as Acute Care, Mental Health, Aged Care and Disability Care.

SKILLS

Manual Handling

Time management

Attention to details

First aid

Documentation

Proficient in Excel, MS-Words, Power Point

Effective Communication Skill

Professional Work Experiences:

Working at Sir Moses Montefiore Jewish Home as a Nursing Assistant (AIN)

120 High Street, Hunters Hill, NSW 2110, September 2012 – till dates.

- Taking and recording a patient's temperature, blood pressure, pulse and respiration rates.
- Assisting patients with activities of daily living such as showering, bathing, dressing, grooming and toileting.
- Preparing patients for an appointment or outings.
- Determining a patient's needs.
- Maintaining a clean and safe working environment.
- Keeping patient's rooms and equipment clean, neat and orderly.
- Serving meals to patients then monitoring their eating habits and feed them if necessary and providing meal supplements as needed.

- Observing a resident's health concerns and reporting abnormalities to the Registered Nurse.
- Generally assisting with patient's overall comfort.
- Updating patient records.
- Helping patients to walk, transfer and use a different walking aids.
- Assisting for all housekeeping jobs and manual handling job.

REFERENCES:

If required.