

SANGITA DHITAL

Contact Details:

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Career Objective:

Highly motivated, self-driven, and physically fit individual seeking a position as an Aged Care Worker. With a compassionate nature and a solid foundation in individual support, I am committed to providing excellent care to residents. As an organized, responsible, and hardworking professional, I am adept at performing a variety of personal and domestic care tasks with precision and responsibility.

Training

- CPR Training
- First Aid Training
- Manual Handling

Certificate

- Certificate III in Individual Support (Ageing/Disability)
- Covid Vaccine
- Flu Vaccine
- NDIS Worker Orientation Module
- Police Certificate

key Skills

- **Personal Care:** Showring, Hygiene, Dressing, Grooming, Lifting. Transfers, Mobility, Feeding
- **Domestic Care:** Vacuuming, Cleaning, Laundry, Ironing, Bed Making, Food Preparation and So On.
- **Social Support:** Social Contact and Participation In Community Life.

Professional Experience

Assistant in Nursing || Placement: Hammond Care || 19 Kiama St, Miranda NSW 2228

I have completed 120 hours of placement and worked as Assistance in Nursing in Hammond Care. During my placement, I did duties as follows:

- Manage daily activities like clothing, grooming and toileting for residents.
- Assist residents with meals.
- Take and record resident vitals.
- Escort residents to and from activities and doctor's appointments
- Prepared documents for client's progress.

Assistance in Nursing (AIN) | | Hammond Care | | June 2024 -Nov 2024| | Miranda

- Provided emotional support and companionship, enhancing patient morale and emotional well-being.
- Maintained a clean and organized environment to ensure residents' happiness and safety.
- Administered and monitored patient conditions and reported changes to nursing staff.
- Engaged with residents' families and interdisciplinary team members to foster a supportive care environment.
- Successfully managed meal planning and preparation to align with nutritional needs and dietary restrictions.

Education

Bachelor of Business Studies, Tribhuvan University, Nepal

Personal Attributes

- Committed to upholding dignity, confidentiality, and privacy in all interactions.
- Capable of providing both physical and mental stimulation to enhance residents' daily experiences.
- Empathetic and patient with a deep understanding of the challenges faced by the elderly.
- Proficient in Microsoft Office and general computer use.
- Excellent communication and problem-solving skills, with the ability to work collaboratively within multidisciplinary teams.

ACHIEVEMENTS

- Consistently praised for dedication, quick learning capabilities, and contributions to team and client well-being during placements and employment.

INTEREST

- Community service, particularly in aged care and disability care.
- Engaging in administrative roles and enhancing tech proficiency.

References

References will be provided upon request.

Work Right:

Have a full working Right.