

Sandhya Acharya

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OBJECTIVE:

A caring and committed Assistant in Nursing (AIN) of practical experience in aged care. Proficient in offering excellent personal care, assisting with daily activities, and maintaining the dignity and well-being of elderly individuals. Experienced in both homecare and residential care settings, ensuring a safe and supportive environment for residents. Excellent communication and teamwork abilities, with a commitment to providing personalized care.

Education

- Completed Diploma of Community Service in Australian Harvard Internation College
- Completed Certificate III in Individual Support in Brighton College
- Bachelor of Nursing Currently Enrolled
- Milestone International college, Kathmandu Nepal 2021 Biological Science
- Volunteer as a social worker in residential care, domestic violence , mental health in Narayani Samudayik Hospital Kathmandu, Nepal

CERTIFICATES AND CREDIANTALS

- Certificate IV in ageing support
- Certificate III in Individual Support
- First aid with CPR
- NSW Police Check
- Infection Prevention and Control Training
- Ndis Screen Check
- WWCC
- Basic life support

Skills:

- Experienced in giving medicines and handling medical tools
- Capable of offering kind care to older adults and people with disabilities
- Good at helping with daily tasks like bathing, grooming, and using the toilet
- Great at talking and getting along with others
- Able to handle many tasks at once and work well under pressure
- Knows how to follow care plans and keep track of patient improvements
- Has experience dealing with difficult behaviours and offering emotional help

Professional Experience:

Assistant in Nursing (AIN)

Advantaged Care, Edensor Park, NSW (Through Agency)

2025 – Present

- Provide one-on-one care to clients in residential care, assisting with daily activities, managing medications, and preparing meals.
- Monitor clients' health and report any changes to healthcare providers to ensure timely interventions.
- Create a secure, supportive, and encouraging environment for clients, fostering their independence, dignity, and overall well-being.
- Collaborate with family members and healthcare professionals to develop and implement individualized care plans.
- Encourage clients' participation in activities and social events to enhance their mental and emotional well-being.
- Maintain accurate records of care provided and communicate updates to the healthcare team regarding client health.
- Offer companionship and emotional support, helping to create a warm and positive atmosphere for clients.

Able Point Home Care, Sydney, NSW

Jan 2024 – 2025

- Offer one-on-one care at clients' homes, helping with daily tasks, managing medications, and preparing meals.
- Keep an eye on clients' health and inform healthcare providers of any changes, making sure they get the help they need promptly.
- Create a secure and encouraging environment, supporting clients' independence, dignity, and overall well-being.
- Work with family members and healthcare professionals to create and carry out personalized care plans that meet clients' specific needs.
- Encourage clients to participate in fun activities and social events, supporting their mental and emotional health.
- Keep detailed records of care provided and regularly update the healthcare team about any changes in the client's health.
- Provide friendship and emotional support, fostering a warm and positive atmosphere for clients.

Assistant in Nursing (AIN)

Marco Polo Nursing Home, Woonona, NSW & IRT Aged Care, NSW

2023-2024

- Offered tailored care to elderly residents, helping with daily tasks, managing medications, and preparing meals.
- Checked on residents' health regularly and informed the healthcare team about any changes to ensure quick action.
- Created a secure and encouraging atmosphere, supporting residents' independence, dignity, and overall well-being.

- Worked with families and the nursing team to create and carry out personalized care plans for each resident.
- Encouraged residents to participate in fun activities and social events to boost their mental and emotional health.
- Recorded residents' care activities and shared any updates or health changes with the nursing staff.
- Provided friendship and emotional support, helping to create a warm and caring environment for residents.

References:

Available upon request