

SANDEEP GHIMIRE

17 Archway Street

Gregory Hills, NSW 2557

0405 175 544

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PROFESSIONAL PROFILE

Dedicated and compassionate support worker trained in aged care and disability services, with practical experience in both residential and community settings. Demonstrates a strong sense of empathy, integrity, and attention to individual needs. Known for clear communication, patience, and a client-first approach.

Available to work full-time, including weekends and public holidays. Own vehicle and licence for reliable transport.

CORE COMPETENCIES

- Personal care (bathing, dressing, grooming)
- Manual handling and mobility assistance
- Medication prompting (within scope)
- Infection prevention and hygiene control
- Meal preparation and nutrition support
- Domestic assistance and laundry services
- Companionship and emotional support
- Commitment to dignity, privacy & respect
- Team collaboration & shift flexibility

QUALIFICATIONS

Certificate III in Individual Support (Ageing & Disability)

Oran Park Thompson Healthcare

- Completed job placement across aged care and disability environments
- Trained in person-centred care, WHS, and cultural safety
- Applied practical skills in client mobility, communication, and hygiene

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PRACTICAL EXPERIENCE

Aged Care & Disability Placement Experience

- Provided support with daily living activities, including toileting, grooming, and feeding
- Assisted clients with transport, walking aids, and wheelchair mobility
- Monitored emotional wellbeing and encouraged client participation
- Maintained detailed care notes and communicated with care teams
- Fostered trust through respectful, consistent care

ADDITIONAL DETAILS

- Full-time availability, including weekends and public holidays
- Own reliable transport and current driver's licence
- Excellent interpersonal and teamwork skills
- Cultural sensitivity and understanding of diverse needs

REFERENCES

Professional references available upon request.