SANAM CHAPAGAIN

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Career objectives

Driven and energised professional looking for an Assistance in Nursing position to provide direct and indirect patient care in an emotionally demanding care and eager to represent the facility professionally by providing the highest level of comfort and care to residents.

Education

[2024]
Completed Master's in health service management in Kaplan Business School
[2023]
Certificate III in individual support (Ageing/ Disability) from Australian Community and Management College
[2019]
Completed Bachelor of science in Nursing
[2020]
Registered Nurse in Nepal

Certification

- Police Criminal Record Check
- Manual handling training
- COVID vaccine certificate
- Working with children check
- NDIS clearance check
- Certificate III in Individual support (Ageing and Disability)
- CPR and First Aid

Work Experience

- 120 hrs placement in aged care
- Presbyterian Aged Care, 40 Charlotte street, Ashfield NSW 2131 from (2023 January to till date)
- Scalabrini Village, 5 Mary Street, Drummoyne NSW 2047 from (2023 March to till date)

Responsibilities

- Provide nursing assistance and holistic care to patients.
- To protect the rights of residents and provide care by maintaining dignity and privacy.
- Skin assessment, wound management and prevention and management of bed sore.
- Assisting patients with activities of daily living.
- Help in feeding and maintain the nutritional status of residents.
- Documentation of patient care.
- Work collaboratively with other healthcare professionals to provide holistic care to patients.
- Adhere to Infection Prevention Control practices, policies, and procedures.
- To respect the confidentiality of residents as well as other team members.
- To follow the correct manual handling procedure.
- To have awareness of practices and maintain a safe environment including Fire Safety, Evacuation, and Emergency procedure.

KEY SKILLS

- Excellent communication skills for effective interaction with internal staff and external clients.
- Caring and compassionate nature with the ability to deal with sensitive situations.
- Ability to work as part of a team and take direction as required.
- High level data entry and reporting skills including using electronic client/patient management systems.
- Time management and prioritization
- Critical thinking

AVAILABILITY

• 7 days

Reference

Provided as requested.