

SALINA PANTHA

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Career Objectives:

I am a dedicated and self-motivated **Registered Nurse** passionately serving the IRT community and willing to work as a **Registered Nurse**. Following the completion of bachelor's in nursing degree from Australian Catholic University, I have further enhanced my academic skills through relevant clinical experiences as an **Care coordinator**, **Registered Nurse** as well as **Enrolled Nurse** at IRT Kangara Waters, Belconnen; plus, with various clinical placements in different clinical settings i.e., hospitals, nursing homes and so-on. I have strong work ethics with thorough experience in providing person centred and holistic care for the effective accomplishment of the organization goals, values and missions. I have strong analytical, communication and leadership skills accompanied by a strong attention to detail.

Areas of expertise:

Leadership, Interpersonal Skills, Problem- solving, Infection Control, People management, Wound Care, Time management, Team player, Work health and safety, Clinical Skills, Communication, Integrity, Judgement & Decision making, Documentation, Enthusiastic, Hardworking, Quick learner, Technological skills.

Employment History:

Care coordinator, IRT Kangara Waters
Belconnen ACT

Apr 2023 to Present

(Duties involves: care plans reviewing and allocating accordingly, comprehensive nursing reports, Case conference, incident reviewing and resolving, conduct a meeting (with client, PR to identify needs and develop strategies), Supervise care staff and RN's, ensuring the dressing products stock level is adequately maintained- place an order as required, carry out training for new RN on duty, replacement of any staff (absentees) with liaising with workforce management and care manager, continuous improvement plans, case management, clinical records management, coordinate specialist services and other allied health for residents, regular meetings with leadership team to identify gaps and contribute ideas to develop strategies, ACFI/ AN-ACC relevant projects, admission and discharge (while care manager was away) via salesforce, Allocating new residents to relevant areas and rooms by assessing pre admission care plans, attending meetings with support staff to identify gaps to improve wellbeing of our clients and to ensure (all the tasks care carrying out in adherence to the organisation's policies, and other government bodies, including aged care quality standards)

Registered Nurse, IRT Kangara Waters
Belconnen ACT

Sep 2020 to Present

(Duties involves: General RN responsibilities, medications, wound dressing, triaging patients, care plans monthly, comprehensive nursing reports, Case conference, incident reporting, assessing incidents and liaise with senior clinical team to address further, conduct a meeting(with client, PR to identify needs and develop strategies), Supervise staff, ensuring the PPE stock level is adequately maintained- report to manager if its low, carry out training for new RN on duty, replacement of any staff(absentees) with liaising with workforce management when working as RN on Duty, continuous improvement plans, case management, clinical records management, coordinate specialist services and other allied health for residents, regular meetings with leadership team to identify gaps and contribute ideas to develop strategies, ACFI/ AN-ACC

relevant projects, attending meetings with support staff to identify gaps to improve wellbeing of our clients and to ensure (all the tasks care carrying out in adherence to the organisation's policies, and other government bodies, including aged care quality standards)

Enrolled Nurse, IRT Kangara Waters
Belconnen ACT

Dec 2019 to Aug 2020

Clinical Placements:

TAFE Placement 3rd Semester; Enrolled Nurse (EEN)

- Nepean Hospital, Kingwood (17th July – 11th August of 2017) AGED CARE UNIT
- The Hills Private Hospital, Baulkham Hills (16th October – 27th November 2017) MENTAL HEALTH

Bachelor of Nursing (Enrolled Nurse); Registered Nurse (RN)

Placement 2nd Year

- Westmead Hospital, Westmead NSW 2145 (14th May- 1st June 2018) ACUTE CARE
- Nepean Hospital, Kingswood (19th November – 7th December 2018) MENTAL HEALTH

Placement 3rd Year

- Prince of Wales Hospital, Randwick (17th June – 28th June 2019) SPINAL WARD
- Camperdown Early Childhood Health Centre (29th July – 9th August 2019) COMMUNITY
- St George Hospital, Kogarah (19th August – 6th September 2019) REHABILITATION
- Sydney Hospital & Sydney Eye Hospital (23rd September – 11th October 2019) OPERATION THEATRES
- Sutherland Hospital (Possum Cottage Child & Family Health) (14th October – 25th October 2019) COMMUNITY

Education and Certification:

Bachelor of Nursing
2020

Feb 2018 - Jul

Australian Catholic University, North Sydney

Diploma of Nursing (Enrolled-Nursing)
2017

Jun 2016 - Dec

TAFE NSW Western Sydney Institute, Kingswood

Licences:

Cert 3 in First Aid

Cert 3 Aged Care

WWVP, WWCC

National Police check

NDIS clearance check

Registered Nurse Registration: NMW0002301417

Key skills summary:

- Working within the scope of practice in different fields in nursing
- Triaging patients and prioritising emergency situations

- Ability to providing optimum care to the residents relevant to their physical, social, spiritual and cognitive needs
- Identifying changes in residents' condition, investigating and reporting to appropriate allied health professionals and the Care Manager
- Liaising with workforce team to ensure proper rosters are published and staff are rostered as per their scope of practice
- Reporting and treating infections appropriately
- Liaising with administration team and log maintenance as per required
- Constant communicating with educator to provide proper training for employees
- Engaging with Pharmacist on site to ensure correct protocols are followed in relation to the usage and storage of all drugs and medications, including appropriate registers and maintaining oxygen supplies
- Performing pre-admission, admission and discharge process when care manager is not site
- Relevant documentation such as reviewing incident report and infection report reviewed and resolved accordingly
- Allocating care plan routinely and annually to RN's and reviewed accordingly and signed off
- Participating in high case management meetings, writing meeting minutes and exercising recommendations
- Checking in staff regularly to identify any gaps, concerns that need to be flagged to manager
- Supervising a team when on duty and working independently over the weekends and after hours.
- Taking and recording a patient's vital signs, neurovascular observation, performing ECGs and bladder scan
- Dedicated to excellent patient/ resident care through provision of a safe environment where respect is valued, and the preservation of dignity is promoted
- Performing physical and mental assessment as well as pain assessment and management
- Experience working with Dementia and Palliative residents and providing care according to the care plan
- Setting up nursing care plans in consultation with individuals/ groups, significant others and the interdisciplinary health care and evaluate outcomes in a timely manner
- Collecting Covid and other respiratory Swabs i.e., PCR, RAT
- Monitoring Covid infected patients adhering to the guide provided by department of Health and organisation policy
- Performing SPC, stoma care and nephrostomy care
- Providing comprehensive handover of residents to health care professionals
- Recognizing the significance of appropriate therapeutic relationships with patients, factoring in cultural sensitivity
- Participating with the RN in evaluation of the person's progress toward expected outcomes and the reformulation of plans of care
- Able to work cohesively and effectively in a multidisciplinary team to help achieve best outcomes for residents, whilst providing comprehensive and holistic care

- Able to demonstrate effective planning in relation to the schedules and appointments written in communication book and follow up accordingly
- Administering medications (Oral and parenteral), IV fluids and patches to residents according to legislation following 6 R's of medication administration
- Demonstrating ability to attend to wounds, create wound charts, follow-up, perform dressing as appropriate following proper technique as indicated, inform related personal like care manager, NOK, LMO and strives to resolve the case with proper care and dedicated work ethics
- Working with RN/clinical team leader and following up things with them to ensure quality care has been provided to all residents
- Attending to progress notes and ensuring all documentations are up to date and properly written and signed
- Able to supervise a team and allocate carer their duties according to their shifts and skills.
- Booking appointments and blood test when required or requested
- Attending and assisting GP, physio, dietician, podiatry, pathology and other allied health visits and following up documentations
- Attending to pharmacist, checking medications and ordering stocks when required
- Reporting incidents and attending to documentations properly knowledge about *ACFI/AN-ACC*
- Able to work autonomously in a fast-paced work environment
- Reporting hazards, incidents, and near misses to the relevant manager
- Assisting the management team to review of the care procedures to meet the organisations standards
- Ability to prioritise, organize and complete work within established date lines
- Excellent computer skills with experience in clinical software systems (Leecare, E-case, icare)
- Superior knowledge in MS-office, Excel and other applications
- Seeking and provide feedback, be accountable of my practice
- Strong attention to detail and organizational skills
- Always following 8-quality standard of aged care, the Commonwealth Guidelines and professional nursing standards to ensure all necessary care has been attended to provide holistic care to the residents and checked accordingly as per accreditation standards

References:

Will be provided upon request.