

# SAJEENA GAHATRAJ

---

0414659939  
sajinagahatraj333@gmail.com

1/100 Station Street  
West Ryde, NSW  
2114

---

## PROFILE

A highly motivated, enthusiastic, hard-working, qualified and dedicated worker, with past experience of working as a Registered Nurse in Intensive Care Unit(ICU), Operation Theatre (OT), Medical Ward and Emergency Ward of private hospitals in home country(Nepal) and working as a Disability Support Worker in Australia. I am caring, compassionate and responsible person who is looking forward to work in age care facilities to advance my knowledge and career.

## EXPERIENCE

### **Disability Support Worker, Advance Care Agency, Suit 11-A/18 Third Ave , Blacktown, NSW—12 December 2022-Present**

Person centred care to the clients during the activities of daily living, physical and emotional support, Support client's choices and decisions, maintain hygiene and safety practice, follow manual handling procedures, etc.

### **RN, Lumbini Medical College and Teaching Hospital, Nepal—8 August 2021-26 April 2022**

I worked as a RN in Medical ,OT and ICU Department. I provided morning care and other cares as per patient's needs. Monitored Vital Signs and Echo Cardio Garam(ECG) of patients. Provided Intravenous cannula care and Cauterisation care. Provided pre-operative and post operative care to the patient and worked as a scrub nurse .Maintained good professional relationship with colleague, patients and family members, etc.

### **RN, Pranjal Health Clinic, Nepal — 1 February 2020-31 July 2021**

I worked as a RN in emergency ward. I prepared bed for a patient. Prepared a Vital sign tray , emergency medicines , oxygen mask, nebulisation mask and check the working conditions of all instruments. I assisted doctors in minor surgeries and dressings. Provided psychological support to the patient and family members.

## CERTIFICATES

Certificate IV in Ageing Support

Certificate III in Individual Support(Ageing)

First Aid and CPR certificate

Working With Children Check

NDIS check

## **EDUCATION**

**Australian Ideal College, level 7/8 5 Kings St, Sydney, NSW 2000—  
Diploma in Community Service- Studying**

**Australian Ideal College, level 7/8 5 Kings St, Sydney, NSW 2000—  
Certificate IV in Ageing support, 8 January 2024**

**Australian Ideal College, level 7/8 5 Kings St, Sydney, NSW 2000—  
Certificate III in Individual Support(Ageing), 20 December 2022**

**NPI Narayani Samudayik Nursing College, Chitwan, Nepal— Diploma in  
Nursing, 2019**

## **SKILLS**

Patient care

Interpersonal communication

Administering medication

vital signs

Manual handling

palliative care

Infection control and hand hygiene

Documentation

risk assessment and management

Dementia care

Manage ethical and legal compliance, etc.

## **REFERENCES**

Reference available upon request.