

Curriculum Vitae
Sajana Sharma Acharya
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Personal Details:

- DOB: 20 Aug, 1996
- Language: English, Nepali, Hindi
- Country of Birth: Nepal

Academic Qualification

- Diploma in Nursing(Nepal)
- Bachelor's in Nursing (Nepal)
- Certificate IV in Aged Care Support

Career Summary

- Passionate about developing professional career with professional attitude
- A person with a strong passion for the creativity & innovation.
- Ability to work in high pressure environments and a good team player

Key Skills

- Team player
- Efficient management and organizational abilities.
- Excellent ability to handle variety of tasks and shift priorities simultaneously.
- Ability to communicate efficiently with management staffs

Professional Experiences:

From : 16/12/2016 – 18/03/2021
Employer Chitwan Medical College Pvt Ltd
Position Held : Registered Nurse

Activities Performed:

- Performing ABG
- Checking all the emergency drugs and equipment to make sure they are in working condition
- Measuring vital signs of the patient
- Administer Medication – Oral as well as intravenous
- Orient and instruct patients and patient's relative
- Maintain clean and safe environment of the ward
- Prepare sets (dressing and suture) for sterilization
- Assist doctor in performing diagnostic or treatment procedure
- Carrying out admission and discharge procedure
- Provide pre and post-operative care
- Provide nursing care to burn patient
- Take 12 lead ECG
- Draw blood samples investigation
- Collect samples (urine, stool) and send to the lab

From: 20/03/2022- Present

Employer: Ashfield Baptist Homes

Position Held : AIN

Activities Performed :

- Helping to shower, and other routine works to the residents under the supervision of RN's.
- Perform basic procedures like feeding, bowl chart filling, manual handling, bed making, and hair care.
- To forward all information to the director of nursing or supervisor within timeframes.
- Maintain family environment for resident to make them comfortable and happy.
- To encourage the continuation of social and recreational activities.
- Assist and support all staffs and function in a team to provide care to the residents all the time.
- Medication
- Repositioning, pressure area and skin care
- Hair washing, shaving
- Mouth and denture care
- Eye and ear care
- Assistance with toileting
- Provision, removal and cleaning of bedpans and urinals
- General ward ambulation and support mobilization as per plan of care
- Reinforce instructions on use of aids for mobility or care as detailed in plan of care, where appropriate
- Assist with positioning, posture maintenance and comfort
- Observe and report patient completion of and performance of tasks in line with care plan
- Set up and assistance with patient meals and fluids for
- Assessed low risk patients
- Simple wound dressings
- Last offices/care of the deceased
- Assist in the collection of clinical data as allocated by a Registered Nurse such as:
 - patient weighing and specific measurements
 - specific patient observations
- Accompanying patient on daily walk

References:

Available upon request