

# SAGUN BHUJEL

Unit 5/ 2-4 Mary Street, Lidcombe NSW 2141

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## **Career Objective:**

I am responsible, compassionate, and sociable, with a strong work ethic and high morale. I am passionate about working with children and the elderly, since they are among the most vulnerable sectors of society. Working with these age groups allows me to have a real effect while also gaining valuable information and experience. My key beliefs include professionalism and compassion, and I am dedicated to providing high-quality care. I excel at adapting to new circumstances, have great communication and observation skills, and prioritize accountability, distinguishing myself from others. I am naturally curious and ready to learn and progress.

## **Higher Education:**

Advanced Diploma of Hospitality, Sydney City College of Management (SCCM)

Bachelor of Nursing, University of Technology (UTS) 2025 - In Progress

## **Availability**

48 hours Fortnightly.

## **Professional Profile:**

Completed studying and work placement as certificate IV (Ageing) caring for elderly and disabled people.

## **Trainings:**

➤ Manual Handling

- Infection Control and Hand Hygiene
- Dementia Handling
- WHS Trainings
- Cultural Diversities Trainings
- Contenance Management and Assessments

#### **Personal Care Experience at Placement:**

- Manage daily activities like clothing, grooming and toileting for residents.
- Assist residents with meals.
- Take and record resident vitals.
- Escort residents to and from activities and doctor's appointments
- Performed light housekeeping tasks.

#### **Skills and Personal Attributes:**

- Hands on experience in providing short term care and associate transition.
- Providing confidentially, dignity and privacy to residents at all times.
- Proficient in providing residents with both physical and mental stimulation.
- Through understanding of problems related to aged resident in terms of attitude and patience
- Kind hearted and calm nature

- Proficient in basic use of computer including Microsoft Office

Excellent in communication skills in written and verbal.

Resourceful problem solver capable of implementing solutions to complex problem.

Teamwork skills with demonstrated ability to work collaboratively as a part of multidisciplinary team.

#### **KEY RESPONSIBILITIES:**

- Perform all the duties following professional resident care standards and the organizational protocols at each facility.
- Provide comfort to the residents and maintain safety of the residents
- Maintain a positive, caring and friendly environment at all times.

#### **INTEREST**

- Working for the community and society
- Aged care, disability care and childcare
- Basic computers with administration roles

#### **Work Experience:**

Assistant in Nursing (AIN)

Working as Assistant in Nursing since March 20,2024 in Uniting Ronald Coleman Lodge, Woollahra NSW 2025, the duties and responsibilities are:

- Provided residents with emotional support and companionship.
- Maintained clean and well-organized environment for the residents' happiness and safety.
- Observed patients for changes in physical, emotional, mental or condition and injuries.
- Improved patient outlook and daily living through compassionate care.
- Assisted with meal planning to meet nutritional plans.
- Followed care plan and directions to administer medication.

Created safe and positive living situations for clients by communicating with family and other staff about concern or challenges. Laundered clothing and bedding to prevent infection. Aided with mobility and independence for disabled individuals and continually monitored safety.

Supported bathing, dressing and personal care needs. Reported concerns to the nurse supervisor to promote optimal care.

Recorded client status progress and challenges in logbooks and reports.

Reference will be provided upon request.