SAGAR KHATIWADA

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Summary -

Compassionate Carer known for high productivity and efficient task completion. Skilled in personalized care plans, emotional support, and critical thinking to address unique patient needs effectively. Excel in communication, patience, and empathy, ensuring comfort and trust in caregiving environments.

- Skills -

- Adaptable and flexible
- Emotional resilience
- Reliability and punctuality

- First aid and CPR
- Nutrition
- Hygiene maintenance

Experience

Carer | Anglicare - Warriewood | 11/2024 - Current

- Provided companionship to reduce loneliness and isolation of elderly individuals.
- Encouraged clients to participate in social activities within their community.
- Assessed safety hazards in the environment and made necessary modifications.
- Developed individualized care plans for each client in collaboration with family members and healthcare professionals.
- Maintained accurate records of services provided, changes in client's condition, progress notes.
- Communicated regularly with family members about client's health status and needs.
- Provided emotional support to elderly clients and their families.
- Attended workshops or seminars related to care giving practices or new technologies used in homecare settings.
- Demonstrated excellent interpersonal skills while interacting with clients, family members, physicians or other healthcare professionals.

Disability Support Worker | Australian Unity - Castle Hill | 09/2023 - Current

- Maintained records of services provided, client progress, and goals achieved.
- Conducted assessments of client abilities and needs to create individualized care plans.
- Assisted in developing self-care skills such as personal hygiene practices.
- Instructed clients on proper use of adaptive equipment such as wheelchairs and walkers.
- Developed strategies to help individuals cope with their disability.
- Communicated regularly with families of disabled individuals regarding care plans and updates.
- Assisted clients with daily living activities such as bathing, dressing, and eating.

Disability Support Worker | Southern Cross Care and Disability - Canterbujry | 03/2022 - 04/2023

- Maintained records of services provided, client progress, and goals achieved.
- Encouraged independence by teaching skills needed for everyday life.
- Assisted clients with activities of daily living such as eating, dressing, and grooming.
- Transported clients to appointments, social events, and other activities as needed.
- Created detailed and individualized plans to best support patients.
- Communicated regularly with families of disabled individuals regarding care plans and updates.

Some College (No Degree): Disability Care

Certifications

- Certificate 4 in Disability Care
- First Aid and CPR
- NDIS workers clearance
- Working with hildren check

Languages

English:

Hindi:

Professional

Professional

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Nepali:

Native/ Bilingual