

# Sadiksha Regmi

## Child Care Educator

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### PROFILE

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I am eager to join an organization that offers a challenging role where I can leverage my robust technical skills and knowledge to contribute to the achievement of the company's business objectives. My commitment to professional growth ensures that I will continuously strive to enhance my capabilities while delivering value to your team.

### PROFESSIONAL EXPERIENCE

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#### Child Care Placement

Dee Why Child Care Centre

2024 – present  
Dee Why, Australia

- Provided attentive and nurturing care to children aged 6 months to 5 years, ensuring a safe and supportive environment.
- Planned and implemented engaging educational activities to promote cognitive, social, and emotional development.
- Maintained daily routines, including meal times, nap schedules, and hygiene practices, to foster a structured and comforting atmosphere.
- Communicated effectively with parents to provide updates on children's progress, behavior, and daily activities.
- Supervised group play to encourage teamwork, conflict resolution, and positive social interactions.
- Assisted with developmental milestones by supporting children in learning new skills, such as potty training, language development, and fine motor skills.
- Ensured compliance with health and safety regulations, including maintaining a clean and hazard-free environment.
- Collaborated with colleagues to create a cohesive and inclusive childcare program tailored to individual needs.
- Managed challenging behaviors with patience and positive reinforcement techniques.
- Maintained accurate records of children's attendance, meals, and developmental progress.
- Demonstrated strong multitasking abilities by balancing the needs of multiple children while maintaining a calm and organized environment.

#### Recreational Activity Officer

The Salvation Army

05/2023 – present  
Collaroy, Australia

- Expertise in Recreational Program Design: Craft and execute a broad range of engaging recreational activities, tailored to participant interests and capabilities.
- Participant Relationship Building: Foster positive connections, offer support, and stimulate active participation to elevate experience and engagement.
- Facility & Equipment Oversight: Ensure the safety and upkeep of recreational spaces and equipment, managing setup and breakdown procedures.
- Administrative Excellence: Diligently maintain documentation, oversee budgeting, procure supplies, and coordinate event logistics. Core Competencies:
- Demonstrate exceptional organizational, communicative, creative, interpersonal, and problem-solving abilities in program management.

#### Care Service Employee

The Salvation Army

08/2022 – present  
Collaroy, Australia

- Engage with residents to understand their experiences and provide emotional support, addressing any concerns or complaints promptly.
- Collaborate with healthcare teams to develop and implement strategies that enhance care services, continually monitoring and evaluating their effectiveness to suggest improvements.
- Educate residents and their families about care procedures, treatment plans, and available services, facilitating clear and effective communication between all parties involved.

- Coordinate various care services to ensure a seamless and efficient experience for residents, working with multidisciplinary teams to manage care plans and transitions between services.
- Utilize data collection and analysis tools effectively, maintaining proficiency in using electronic health records and other relevant healthcare technologies to support residents care initiatives.

EDUCATION

<b>Graduate Diploma of Early Childhood Leading to Masters (ECT)</b> <i>Holmes Institute</i>	11/2024 – 07/2025 Sydney, Australia
<b>Bachelor in Business Administration</b> <i>Melbourne Institute of Technology</i>	03/2018 – 02/2021 Sydney, Australia

SKILLS

- Recreational Skills
- GAP Solution
- Microsoft Office

LANGUAGES

English	● ● ● ● ●	Nepali	● ● ● ● ●
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AWARDS

<b>Best Employee of the Month Award</b> <i>The Salvation Army</i>	11/2024
<b>Certificate of Appreciation</b> <i>The Salvation Army</i>	11/2023

CERTIFICATES

• SITXFSA001 - Use hygienic practices for food safety, Australia	• CHC43115 - Certificate IV in Disability	• CHC33015 - Certificate III in Individual Support (Ageing)
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REFERENCES

Reference upon Request.