

Sabrina Vernem

Career Objective

An experienced professional with a long history in aged care, I am seeking to increase my hours within the industry.

Key Skills

- Personal care of aged and high care patients
- Room attendance/make up/cleaning
- Preparation and management of medical services under supervision
- Administration
- Transfers/transportation/manual handling
- Recreation and leisure
- Physio Aide
- Commitment to care of the frail and aged
- Customer service skills including respect and compassion in the delivery of care
- Volunteer work
- Current First Aid and AIN certificate
- Computer literacy with intermediate skills in all Microsoft applications and aged care approved computer systems and databases
- Ability to work independently and as part of a multi-disciplined work team

Employment History

Assistant in Nursing (AIN), Jesmond Burwood formerly Ainsley Nursing Home, Burwood

APRIL 1995 – PRESENT

- Provide personal high care of aged and palliative care patients
- Assisting residents with showering, dressing, grooming, toileting, communicating, eating, mobility and social activities and where applicable supervising the ingestion of medication
- Following the direction and supervision of the Residential Manager/Registered Nurse to ensure clinical practices and procedures are consistent with Health Care policies
- Demonstrate personal attentiveness and sensitivity whilst maintaining an honest and friendly rapport with both residents and colleagues
- Work in co-operation with all providers of care including other employees, volunteers and family members
- Protect the rights and of residents and ensures care provided maintains residents dignity and privacy
- Respect the confidentiality of residents as well as other team members
- Work independently, set priorities and achieve goals within critical time constraints
- Encourage and support residents with appropriate levels of activity in conjunction with Registered Nurse, Residential Manager and Lifestyle Co-Ordinator and/or Recreation Activities Officers
- As appropriate assist residents with management of medication as per the medication system and treatments under supervision of the Duty Registered Nurse
- Maintain hygiene and safety practices in accompanying caring tasks

Details

12 Gordon Street

St Marys, 2760

0421727431

sabrinafv@icloud.com

Qualities

Adaptability

Ability to Multitask

Communication Skills

Fast Learner

Customer Service

Ability to Work Under Pressure

Ability to Work in a Team

Highly responsible and reliable

- Provide nursing care, which promotes physical, social, emotional and intellectual well-being
- Possess an awareness of resident's needs and care requirements
- Participation in staff development programs
- Knowledge and appropriate handling of linen and waste
- Follow correct Manual Handling Procedures and aware of Work Health and Safety policies and procedures

Store Manager, Mathers Pty Ltd, Sydney

MAY 1988 – APRIL 1995

- Provided customer service
- Completed store operational requirements by scheduling and assigning employees and following up on work results
- Maintained store staff by recruiting, selecting, orienting and training employees
- Maintained store staff job results by coaching, counseling and disciplining employees, planning, monitoring and appraising job results
- Achieved financial objectives by preparing an annual budget and scheduling expenditures
- Analysed variances and initiated corrective actions
- Till reconciliation and cash handling
- Maintained the stability and reputation of the store by complying with legal requirements

Qualifications

Certificate IV in Assistant in Nursing (including medication), NSW Government Education and Communities State Training Services, Paramatta

2011

Diploma in Hairdressing, Schnell Hans Beauty, Mumbai

1987

Diploma in Office Administration, Pudapet Convent, Chennai

1977

Higher Secondary School Certificate, St Joseph's Convent, India

1976

References

References available upon request