

# Sabnam Tuladhar

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## PROFILE

Currently studying Master of Accounting. Experienced in customer service and cash department with over four years of experience in commercial bank in Nepal and currently working as Assistant in Nursing. Works effectively with cross functional teams in ensuring operational and service excellence. Proficient in utilizing MS applications including excel and google docs.

## SKILLS

- Management skill, analytical skill and high attention to detail
- Marketing skill to sell cross sell product
- Ability to meet deadlines and work under pressure
- Team player to achieve common goal
- Adaptability to work in any environment.

## EDUCATION & CREDENTIALS

### Provide First Aid HLTAID011

Cube Institute, NSW, Australia

### Certificate III in Individual Support (Ageing and Disability)

Cube Institute, NSW, Australia

### Master of Accounting

Currently, studying at Kaplan Business School, Sydney, Australia

### Master of Business Administration

Completed from Lincoln International College, Nepal

## PROFESSIONAL WORK EXPERIENCES

### ASSISTANT IN NURSING

#### Advantaged care

- Providing efficient care related to activities of daily living to patient.
- Assist resident in personal hygiene, oral hygiene, mobility, feeding.
- monitoring patients' vital signs and administering medication.
- Preparation and maintenance of patient records and reports of any changes in patients' condition or behavior
- Participating in educational and training programs to enhance knowledge and skills.

- Providing emotional support and comfort to patient

## **TEAM MEMBER**

### **KFC Ingleburn**

- Preparing and cooking of KFC product
- Taking order and serving customers at the counter
- Looking after customer needs in the dining area.
- Keeping all area and equipment clean and tidy.

## **ROOM ATTENDANT**

### **Silk Hospitality**

- Greeting hotel guests.
- Providing customer service and answering questions from guests.
- Using cleaning equipment to tidy
- Replacing bed linens, towels and restocking hotel food and beverages.
- Clean bathrooms, change towels, replenish bathroom supplies and sanitize rooms.
- Perform general cleaning of common areas, such as stairs and corridors.

## **ASSISTANT IN NURSE**

### **Aloki Care Home and Rehabilitation Centre**

- Assisting residents with activities of daily living such as showering, bathing, dressing, grooming, and toileting.
- Preparing residents for and appointment or outings.
- Maintaining a clean and safe working environment.
- Serving meals to residents then monitoring their eating habits and feed them if necessary and providing meal supplements as needed.
- Keeping resident's rooms and equipment clean, neat and orderly.
- Observing a residents' health concerns and reporting abnormalities to the Registered Nurse.
- Generally assisting with residents' overall comfort.
- Updating resident records.
- Helping residents to walk, transfer and use a different walking aids.

## **AWARDS**

### **Academic Scholarship**

Kaplan Business School

## **REFERENCES**

Available upon request